

# Hadron mass in chiral symmetry restored vacuum and in nuclear matter

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1. General remarks on hadron mass
2. Chiral partners
3. Vector meson mass and chiral symmetry breaking effect
4. Summary

Previous work +

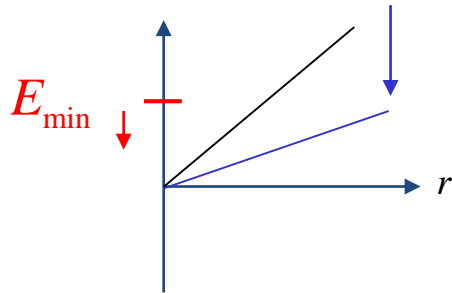
- T. Song, T. Hatsuda, Su Houg Lee, PLB792 (2019) 160
- Jisu Kim and Su Houg Lee, PRD103(21) L051501, PRD105 (2022)014014
- Jisu Kim, Philipp Gubler, Su Houg Lee in preparation

# Confinement and Chiral symmetry breaking in quark model

☞ Consider a meson

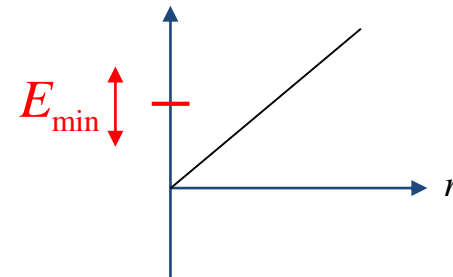
$$H = 2m_q + \frac{p^2}{2m_q} + \sigma r$$

Deconfinement  
 $\sigma \rightarrow$  decrease

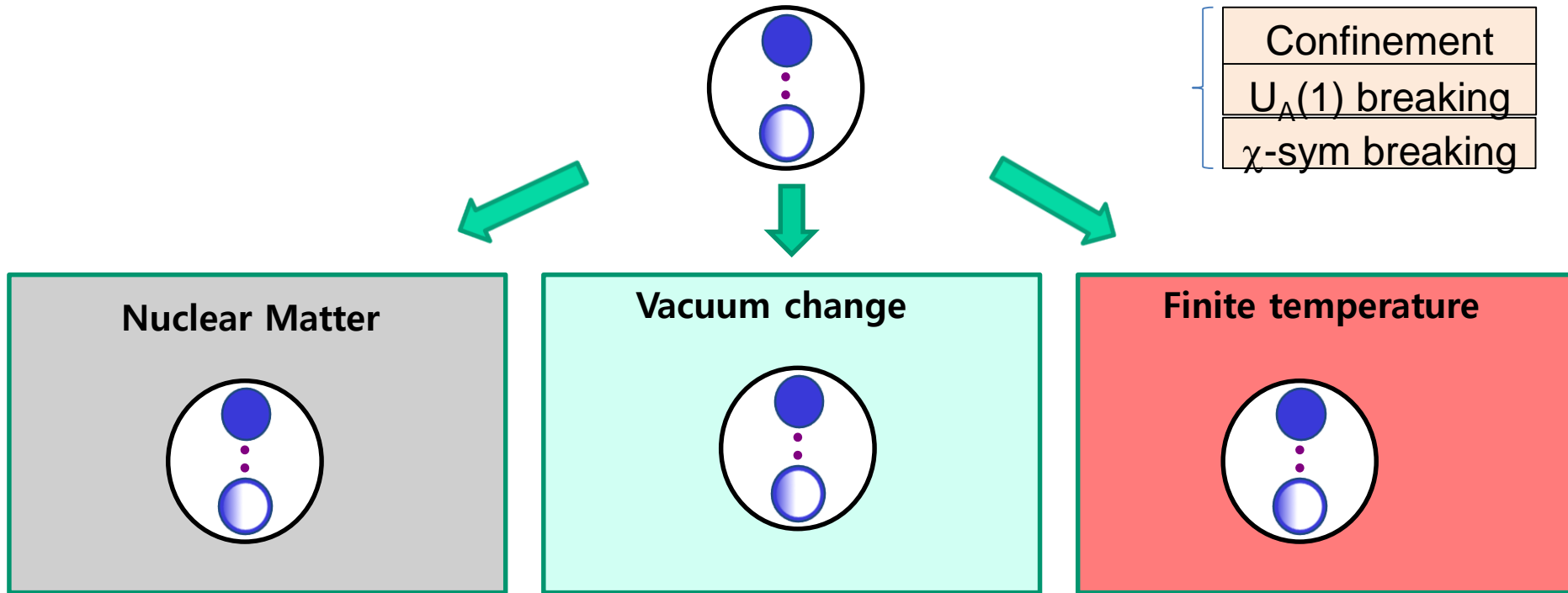


Separation in QCD ?  
 $\chi$ -symmetry ?  
Confinement ?

Chiral symmetry restoration  
 $m_q \rightarrow$  decrease

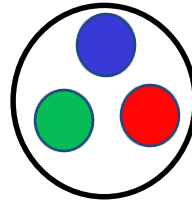


# To understand the origin of Hadron mass

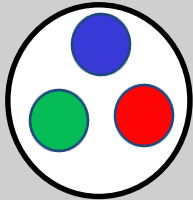


1. Mass changes are in general *different*

## Example



### Nuclear Matter

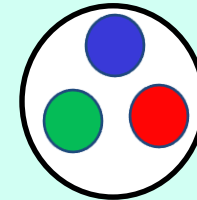


$$\left[ E\gamma^0 - \vec{\gamma}\vec{p} - M - (S + \gamma^0 V) \right] \psi = 0$$

For proton at rest inside nuclear matter

$$E = M + (S + V) \approx M + (-400 + 300) \text{ MeV}$$

### Vacuum change



$$\left[ E\gamma^0 - \vec{\gamma}\vec{p} - M^* \right] \psi = 0$$

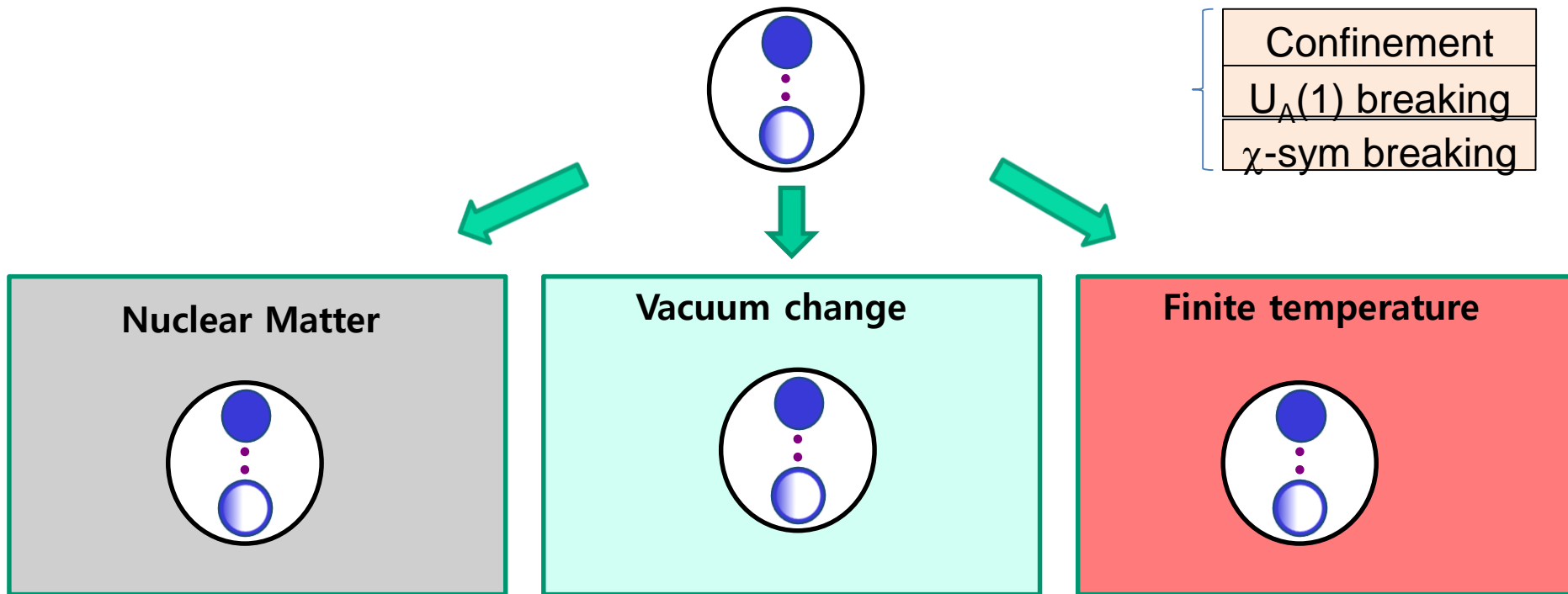
But is

$$E = M^* \xrightarrow{?} M + (S) \quad ?$$

Understanding origin of mass involves

understanding relation between  $M + (S)$  and  $M^*$

# To understand the origin of Hadron mass



But common in all cases

1. **Chiral symmetry** is restored in all cases
2. **Mass difference between chiral partners** only depends on chiral symmetry breaking

Fortunately, **WE Can** identify chiral symmetry breaking effects in individual **hadron mass**

# Lessons from experiment

KEK E325, J-PARC E16

Vacuum values	Mass	Width
$\phi$	1020 MeV	4.266 MeV

CBELSA/TAPS coll (V. Metag, M. Nanova et al)

Vacuum values	Mass	Width
$\omega$	782.65 MeV	8.49 MeV
$\eta'$	957.78 MeV	0.198 MeV



## Lesson from experiment

1. Look at small width hadrons (<100 MeV)
2. Look at spectral change
3. Can look at excitation energy  $\rightarrow$  mass shift
4. Look at transparency  $\rightarrow$  Width

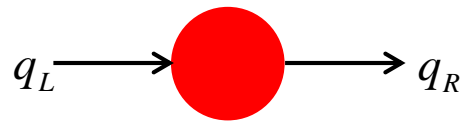
# Chiral symmetry breaking and chiral partners

# Chiral symmetry breaking ( $m \rightarrow 0$ ) :

$$\text{SU}(N_F)_L \times \text{SU}(N_F)_R \rightarrow \text{SU}(N_F)_V$$

- Chiral order parameter: Quark condensate

$$\langle \bar{q}q \rangle = \langle \bar{q}_L q_R + \bar{q}_R q_L \rangle = -\lim_{x \rightarrow 0} \langle \text{Tr}[S(x, 0)] \rangle = -\lim_{x \rightarrow 0} \left\langle \frac{1}{2} \text{Tr} \left[ S(x, 0) - i\gamma^5 S(x, 0) i\gamma^5 \right] \right\rangle$$



Chiral rotation  $q \rightarrow \exp(i\gamma^5 \tau^a \alpha^a) q$

- Casher Banks formula: nontrivial zero mode ( $\lambda = 0$ ) contribution

$$\langle \bar{q}q \rangle = -\left\langle \text{Tr} \left[ \left( 0 \mid \frac{1}{D+m} \mid 0 \right) \right] \right\rangle = -\frac{1}{2} \left\langle \sum_{\lambda} \psi_{\lambda}^+ \left( \frac{1}{i\lambda+m} + \frac{1}{-i\lambda+m} \right) \psi_{\lambda} \right\rangle = -\frac{1}{2} \left\langle \sum_{\lambda} \psi_{\lambda}^+ \left( \frac{2m}{\lambda^2+m^2} \right) \psi_{\lambda} \right\rangle$$

$$\xrightarrow{m=0} \langle \pi \rho(\lambda=0) \rangle$$

where  $iD\psi_{\lambda} = \lambda\psi_{\lambda}$

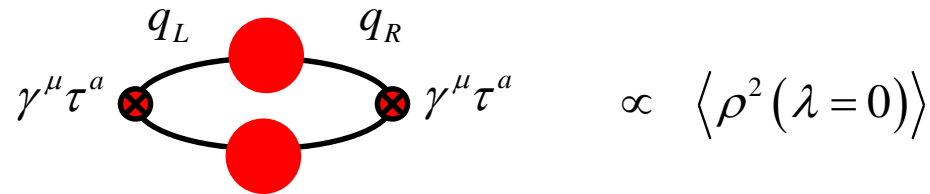
$$\text{cf. } \left\langle \frac{\alpha}{\pi} G^2 \right\rangle = 12 \left\langle \sum_{\lambda} \rho(\lambda) \right\rangle$$

(SHL, S.Cho, arXiv:1302.0642)



- Chiral order parameter:  $\rho\rho - a_1a_1$  correlator

$$\begin{aligned} \Rightarrow \Pi^{\rho\rho} - \Pi^{a_1a_1} &= \frac{1}{V} \int d^4x \left[ \langle \bar{q} \gamma^\mu \tau^a q(x), \bar{q} \gamma^\mu \tau^a q(0) \rangle - \langle \bar{q} \tau^a i\gamma^5 \gamma^\mu q(x), \bar{q} \tau^a i\gamma^5 \gamma^\mu q(0) \rangle \right] \\ &= -\frac{1}{2} \text{Tr} \left[ \gamma^\mu (S(x,0) - i\gamma^5 S(x,0) i\gamma^5) \gamma^\mu (S(0,x) - i\gamma^5 S(0,x) i\gamma^5) \right] \propto \langle \rho^2(\lambda=0) \rangle \end{aligned}$$



$$\Rightarrow \text{Weinberg sum rule} \left\{ \begin{array}{l} f_\rho^2 m_\rho^2 - f_{a_1}^2 m_{a_1}^2 = f_\pi^2 \\ f_\rho^2 m_\rho^4 - f_{a_1}^2 m_{a_1}^4 = 0 \end{array} \right\} f_\rho^2 m_\rho^2 \left( 1 - \frac{m_\rho^2}{m_{a_1}^2} \right) = f_\pi^2$$

$m_\rho = m_{a_1} = m_0$  when chiral symmetry is restored. What about  $m_0$  ?

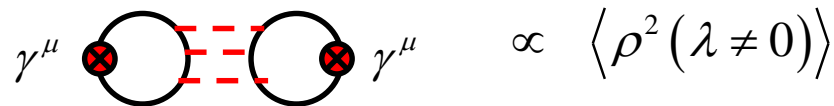
- Not a Chiral order parameter:**  $\omega\omega - f_1^{\bar{q}q} f_1^{\bar{q}q}$  correlator

$\Pi^{\omega\omega} - \Pi^{f_1 f_1} = \frac{1}{V} \int d^4x \left[ \langle \bar{q} \gamma^\mu q(x), \bar{q} \gamma^\mu q(0) \rangle - \langle \bar{q} i \gamma^5 \gamma^\mu q(x), \bar{q} i \gamma^5 \gamma^\mu q(0) \rangle \right]$   
 $= -\frac{1}{2} \text{Tr} \left[ \gamma^\mu (S(x,0) - i \gamma^5 S(x,0) i \gamma^5) \gamma^\mu (S(0,x) - i \gamma^5 S(0,x) i \gamma^5) \right]$



$+ \frac{1}{4} \text{Tr} \left[ \gamma^\mu (S(x) + i \gamma^5 S(x) i \gamma^5) \right] \text{Tr} \left[ \gamma^\mu (S(0) + i \gamma^5 S(0) i \gamma^5) \right] + (\gamma^\mu \rightarrow \gamma^\mu \gamma^5)$

Invariant under Chiral rotation  $q \rightarrow \exp(i \gamma^5 \tau^a \alpha^a) q$



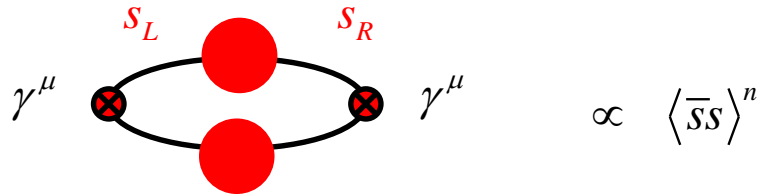
$\omega$  has no chiral partner

- Not a Chiral order parameter:  $\phi\phi - f_1^{\bar{s}s} f_1^{\bar{s}s}$  correlator

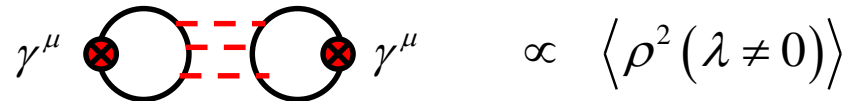


$$\begin{aligned} \Pi^{\phi\phi} - \Pi^{f_1 f_1} &= \frac{1}{V} \int d^4x \left[ \langle \bar{s} \gamma^\mu s(x), \bar{s} \gamma^\mu s(0) \rangle - \langle \bar{s} i \gamma^5 \gamma^\mu s(x), \bar{s} i \gamma^5 \gamma^\mu s(0) \rangle \right] \\ &= -\frac{1}{2} \text{Tr} \left[ \gamma^\mu \left( S^s(x,0) - i \gamma^5 S^s(x,0) i \gamma^5 \right) \gamma^\mu \left( S^s(0,x) - i \gamma^5 S^s(0,x) i \gamma^5 \right) \right] \end{aligned}$$

$$\sum_\lambda \psi_\lambda^+ \left( \frac{2m_s}{\lambda^2 + m_s^2} \right) \psi_\lambda$$



$$+ \frac{1}{4} \text{Tr} \left[ \gamma^\mu \left( S^s(x) + i \gamma^5 S^s(x) i \gamma^5 \right) \right] \text{Tr} \left[ \gamma^\mu \left( S^s(0) + i \gamma^5 S^s(0) i \gamma^5 \right) \right] + (\gamma^\mu \rightarrow \gamma^\mu \gamma^5)$$



$\phi$  has no chiral partner

# Light vector mesons – chiral partners ?

$J^{PC}=1^{--}$	Mass	Width	$J^{PC}=1^{++}$	Mass	Width
$\rho \quad (\bar{q}\gamma_\mu\tau q)$	770	150.	$a_1 \quad (\bar{q}\gamma_\mu\gamma^5\tau q)$	1260	250-600
$K^* \quad (\bar{s}\gamma_\mu q)$	892	50.3	$K_1 \quad (\bar{s}\gamma_\mu\gamma^5 q)$	1270	90



Are chiral partners



$J^{PC}=1^{--}$	Mass	Width	$J^{PC}=1^{++}$	Mass	Width
$\omega \quad (\bar{q}\gamma_\mu q)$	782	8.49	$f_1 \quad (\bar{q}\gamma_\mu\gamma^5 q)$	1285	24.2
$\phi \quad (\bar{s}\gamma_\mu s)$	1020	4.266	$f_1 \quad (\bar{s}\gamma_\mu\gamma^5 s)$	1420	54.9



Are **NOT** chiral partners



# Light vector mesons – chiral partners ?

$J^{PC}=1^{--}$	Mass	Width	$J^{PC}=1^{++}$	Mass	Width
$\rho \ (\bar{q}\gamma_\mu\tau q)$	770	150.	$a_1 \ (\bar{q}\gamma_\mu\gamma^5\tau q)$	1260	250-600
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$\phi \ (\bar{s}\gamma_\mu s)$	1020	4.266	$f_1 \ (\bar{s}\gamma_\mu\gamma^5 s)$	1420	54.9
$K^* \ (\bar{s}\gamma_\mu q)$	892	50.3	$K_1 \ (\bar{s}\gamma_\mu\gamma^5 q)$	1270	90

Are chiral partners

Are NOT chiral partners

Studying individual masses are nevertheless important because

Experimentally feasible

Theory can link to chiral symmetry breaking to mass shift

# Individual masses and chiral symmetry breaking

# Vector meson mass in the chiral symmetry restored vacuum

- QCD sum rule for  $\rho$  and  $a_1$  meson

Jisu Kim, SHL: arXiv2012.06463 (PRD21)

Jisu Kim, SHL: arXiv2109.12791 (PRD22)

$$\Pi^{\rho\rho} = \dots \frac{1}{Q^6} \left[ -2\pi\alpha \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 \right\rangle - \frac{4\pi\alpha}{9} \left\langle \left( \sum_{ud} \bar{q} \gamma_\mu \lambda^a q \right) \left( \sum_{uds} \bar{q} \gamma_\mu \lambda^a q \right) \right\rangle \right]$$

$$\Pi^{a_1 a_1} = \dots \frac{1}{Q^6} \left[ -2\pi\alpha \left\langle \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle - \frac{4\pi\alpha}{9} \left\langle \left( \sum_{ud} \bar{q} \gamma_\mu \lambda^a q \right) \left( \sum_{uds} \bar{q} \gamma_\mu \lambda^a q \right) \right\rangle \right]$$

$$\left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 \right\rangle = \frac{1}{2} \left[ \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 + \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle_S \right] + \frac{1}{2} \left[ \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 - \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle_B \right]$$

$$\left\langle \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle = \frac{1}{2} \left[ \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 + \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle_S \right] - \frac{1}{2} \left[ \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 - \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle_B \right]$$

$$\propto (S(0) + i\gamma^5 S(0) i\gamma^5) \quad \pm \quad (S(0) - i\gamma^5 S(0) i\gamma^5) \quad \propto \langle \bar{q} q \rangle^2$$

Chiral symmetric operator  $\pm$  Chiral symmetry breaking operator



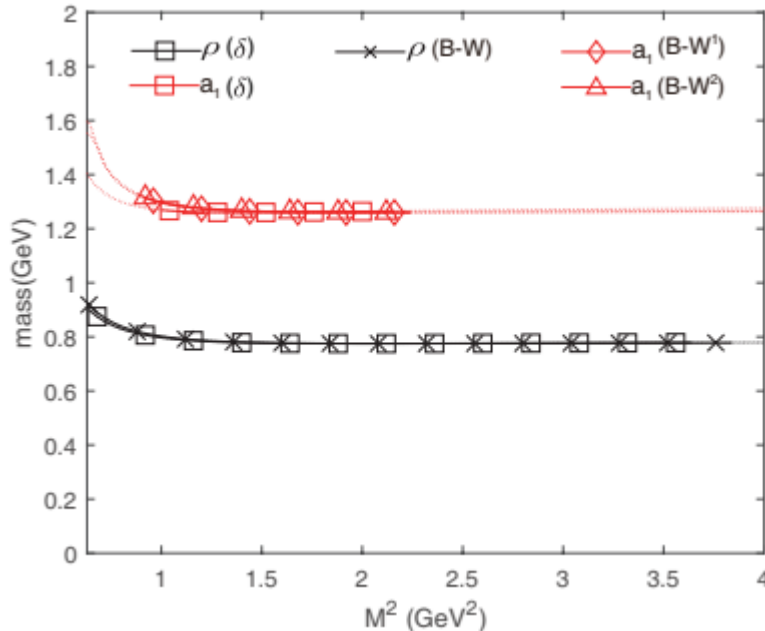
$$\Pi^{\rho\rho} = \dots \frac{1}{Q^6} \left[ \frac{14}{9} \langle B \rangle + \langle S \rangle \right], \quad \Pi^{a_1 a_1} = \dots \frac{1}{Q^6} \left[ -\frac{22}{9} \langle B \rangle + \langle S \rangle \right]$$

$$\langle B \rangle = -\pi\alpha \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 \right\rangle_B \quad \text{Chiral symmetry order parameter}$$

$$\langle S \rangle = -\frac{22\pi\alpha}{9} \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 \right\rangle_S \quad \text{No relation to chiral symmetry breaking}$$



$\langle B \rangle$  and  $\langle S \rangle$  can be determined separately from  $\rho$  and  $a_1$  sum rules



Pole	$B$ (GeV <sup>6</sup> )	$S$ (GeV <sup>6</sup> )
$\delta$	$7.42 \times 10^{-4}$	$5.65 \times 10^{-4}$
B-W <sup>1</sup>	$6.42 \times 10^{-4}$	$6.05 \times 10^{-4}$
B-W <sup>2</sup>	$5.75 \times 10^{-4}$	$7.11 \times 10^{-4}$



☞  $\Pi^{VV} = \dots \frac{1}{Q^6} \left[ \frac{14}{9} \langle B \rangle + \langle S \rangle \right], \quad \Pi^{AA} = \dots \frac{1}{Q^6} \left[ -\frac{22}{9} \langle B \rangle + \langle S \rangle \right]$

☞ When only chiral symmetry is restored :  $\langle S \rangle \rightarrow \text{fixed}$  but  $\langle B \rangle \rightarrow 0$

QCD sum rule analysis gives

$m_\rho = m_{a_1} = m_0 \sim 550 \pm 50 \text{ MeV}$  in the chiral symmetry restored vacuum

☞ QSR: masses of other hadrons when chiral symmetry is restored

Particle	$\bar{m}_{\text{sym}}(\text{MeV})$
$\rho$	$572.5 \pm 27.5$
$a_1$	
$\omega$	$655 \pm 15$
$f_1$	$1060 \pm 30$
$K^*$	$545 \mp 5$
$K_1$	

Particle	$\bar{m}_{\text{sym}}(\text{MeV})$
$N$	525
$\Delta$	600

Scalar nucleon mass in nuclear matter  
 $M^* > M + (S)$  where  $S = -400 \text{ MeV}$

☞ Origin of hadron masses in the chiral symmetry restored vacuum

In QCD sum rules

$$\left[ \left\langle \left( \bar{q} \gamma_\mu \gamma^5 \lambda^a \tau^3 q \right)^2 + \left( \bar{q} \gamma_\mu \lambda^a \tau^3 q \right)^2 \right\rangle \right]_S^\infty (S(0) + i\gamma^5 S(0) i\gamma^5)$$

$$\left\langle \frac{\alpha}{\pi} G^2 \right\rangle = 12 \left\langle \sum_\lambda \rho(\lambda) \right\rangle \quad \text{cf.} \quad \langle \bar{q}q \rangle = \xrightarrow{m=0} \langle \pi \rho(\lambda=0) \rangle$$

⇒ Other non perturbative effects in QCD:  
scale breaking, confinement etc.

# $\phi$ meson in nuclear medium

Partial restoration of Chiral symmetry in the strangeness sector

+ Other effects in medium

J.Kim, P. Gubler, SHL in preparation

- QCD sum rules for the  $\phi$  meson

$$\widehat{\Pi}^{\text{OPE}}(M^2) = c_0 + \frac{c_2}{M^2} + \frac{c_4}{M^4} + \frac{c_6}{M^6}$$

$$c_4^A(0) = \frac{1}{12} \left( 1 + \frac{7}{6} \frac{\alpha_s}{\pi} \right) \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle + 2m_s \left( 1 + \frac{1}{3} \frac{\alpha_s}{\pi} \right) \langle \bar{s}s \rangle + A_2^s M_N - \frac{7}{12} \frac{\alpha_s}{\pi} A_2^g M_N$$

$$c_6^A(0) = -\pi\alpha_s \left[ \left\langle (\bar{s}\gamma_\mu\gamma_5\lambda^a s)^2 \right\rangle + \frac{2}{9} \left\langle (\bar{s}\gamma_\mu\lambda^a s) \left( \sum_{q=u,d,s} (\bar{q}\gamma_\mu\lambda^a q) \right) \right\rangle \right] + \frac{m_s^2}{6} \left[ \frac{1}{3} \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle - 8m_s \langle \bar{s}s \rangle \right] - \frac{5}{6} A_4^s M_N^3$$

$$= \frac{7}{9} \langle B_{ss} \rangle_B \frac{\langle \bar{s}s \rangle_\rho^2}{\langle \bar{s}s \rangle^2} + \langle (\bar{s}\gamma_\mu\gamma_5\lambda^a s)^2 \rangle_{dis,S} + \langle S \rangle_S$$

Dominated by two contribution

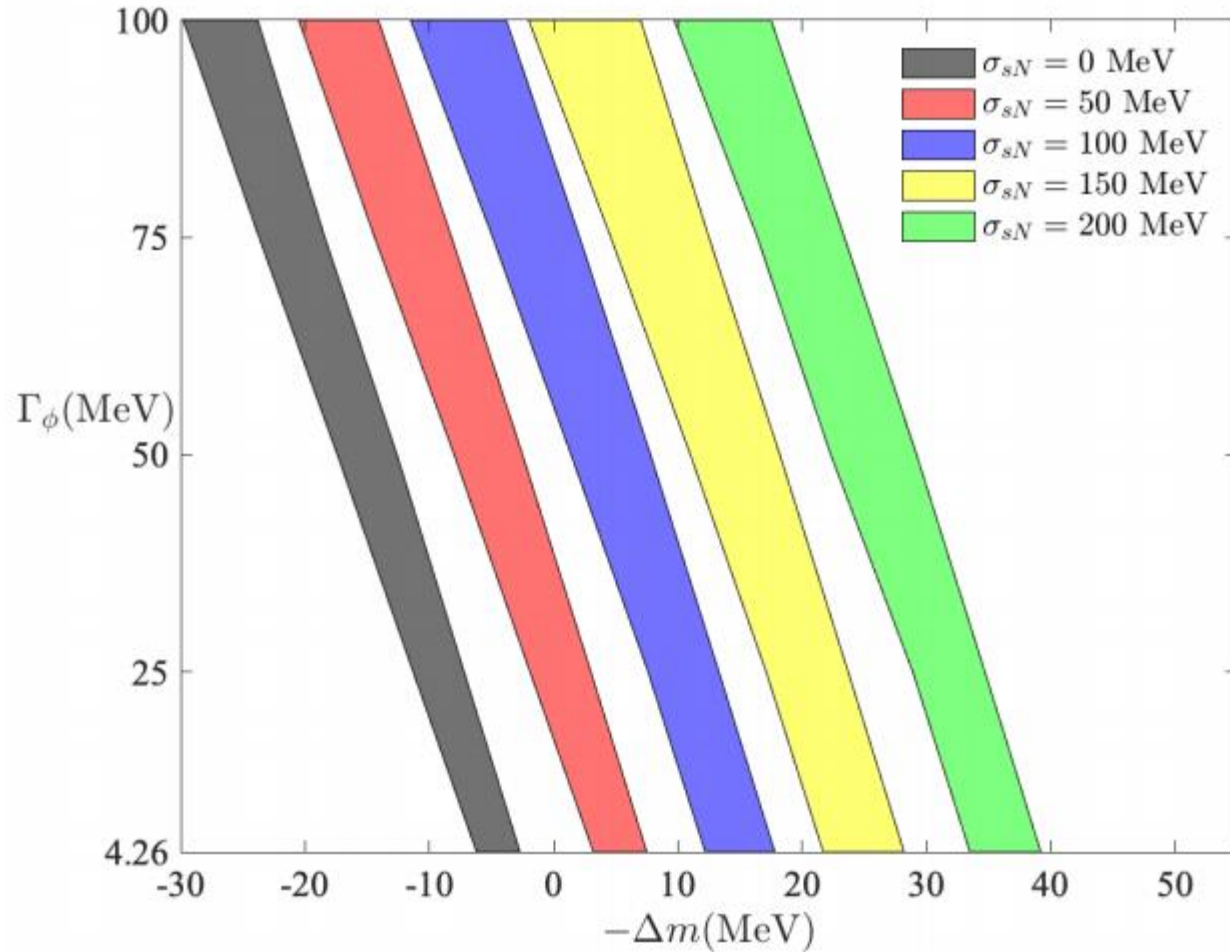
$$\begin{aligned}
 - \quad \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle_\rho &\simeq \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle + \langle N | \frac{\alpha_s}{\pi} G^2 | N \rangle \rho \\
 &= \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle - \frac{8}{9} (M_N - \sigma_{\pi N} - \sigma_{sN}) \rho,
 \end{aligned}$$

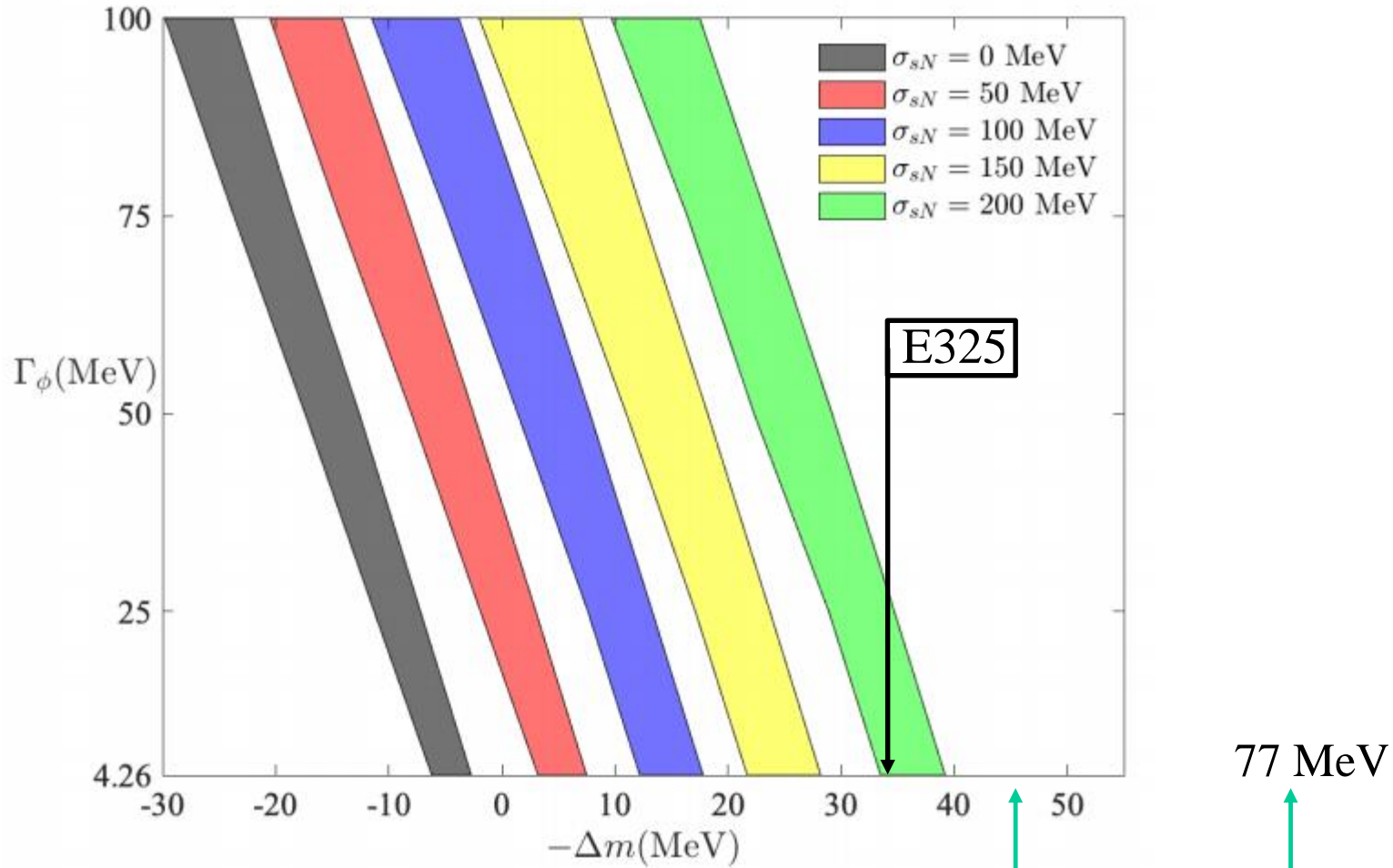
$$\text{For } \sigma_{\pi N} = 45 \text{ MeV } \sigma_{sN} = 100 \text{ MeV, } \left\langle \frac{\alpha_s}{\pi} G^2 \right\rangle_\rho \approx 0.012 \text{ GeV}^4 \left( 1 - 0.072 \frac{\rho}{\rho_0} \right)$$

$$- \quad \langle \bar{s}s \rangle_\rho \simeq \langle \bar{s}s \rangle + \langle N | \bar{s}s | N \rangle \rho = \langle \bar{s}s \rangle + \frac{\sigma_{sN}}{m_s} \rho,$$

$$\text{For } \sigma_{sN} = 100 \text{ MeV, } \langle \bar{s}s \rangle_\rho \approx -(0.246)^3 \left( 1 - 0.083 \frac{\rho}{\rho_0} \right)$$

QCD sum rules constraints for the  $\phi$  mass and width change in nuclear medium





[ALICE], [arXiv:2105.05578 [nucl-ex]].

$$V_{\text{Gaussian}}(r) = -V_{\text{eff}} \exp(-\mu r^2)$$

$$E_{\text{int}} = \int d^3x \int d^3x' \rho_\phi(x) V_{\text{Yukawa}}(x - x') \rho_p(x')$$

$$V_{\text{Yukawa}}(r) = -\frac{A}{r} \exp(-\alpha r)$$

# Summary

1. Confinement, chiral symmetry breaking,  $U_A(1)$  effects all have different origin and contribute to hadron mass
2. Mass difference between chiral partners are directly related to chiral symmetry breaking  
 $\rho - a_1$ ,  $K^* - K_1$  (small width and can be measured at JPARC)
3. Still, separating the 4-quark operators into chiral symmetric and breaking operators in QCD sum rules, one can identify the mass in the chiral symmetry restored vacuum.  
 $\rho$ ,  $a_1$ ,  $K^*$ ,  $K_1$ ,  $\phi$ ,  $f_1, \dots$
4. Combining theory and Experimental observation of  $\phi$  one can identify contribution of chiral symmetry breaking to hadron mass

Looking forward to E16 results