

Light dark matter in cosmological relaxation scenario

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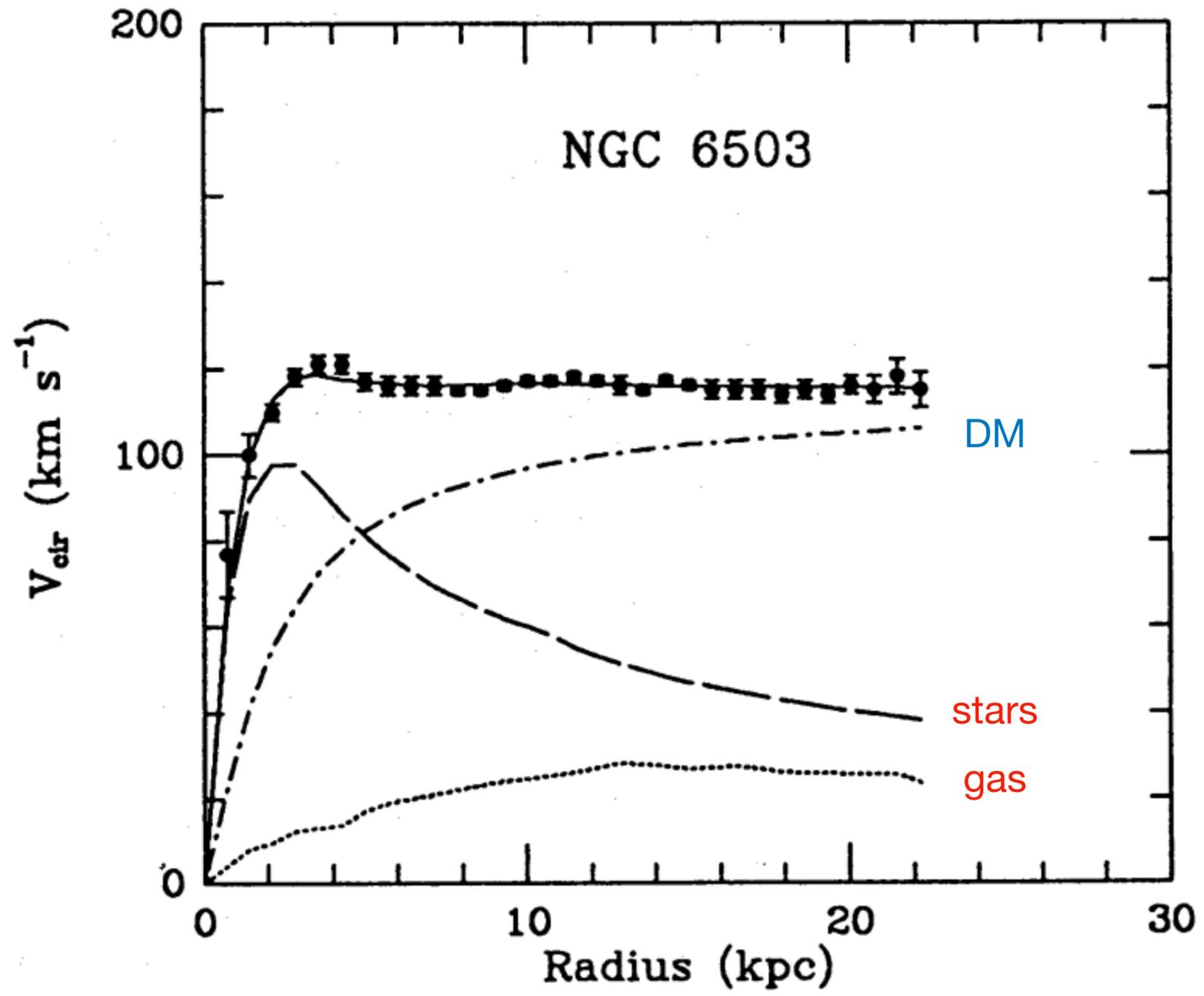
DESY

9 Aug. 2021

NGC 6503



Credit: NASA/ESA



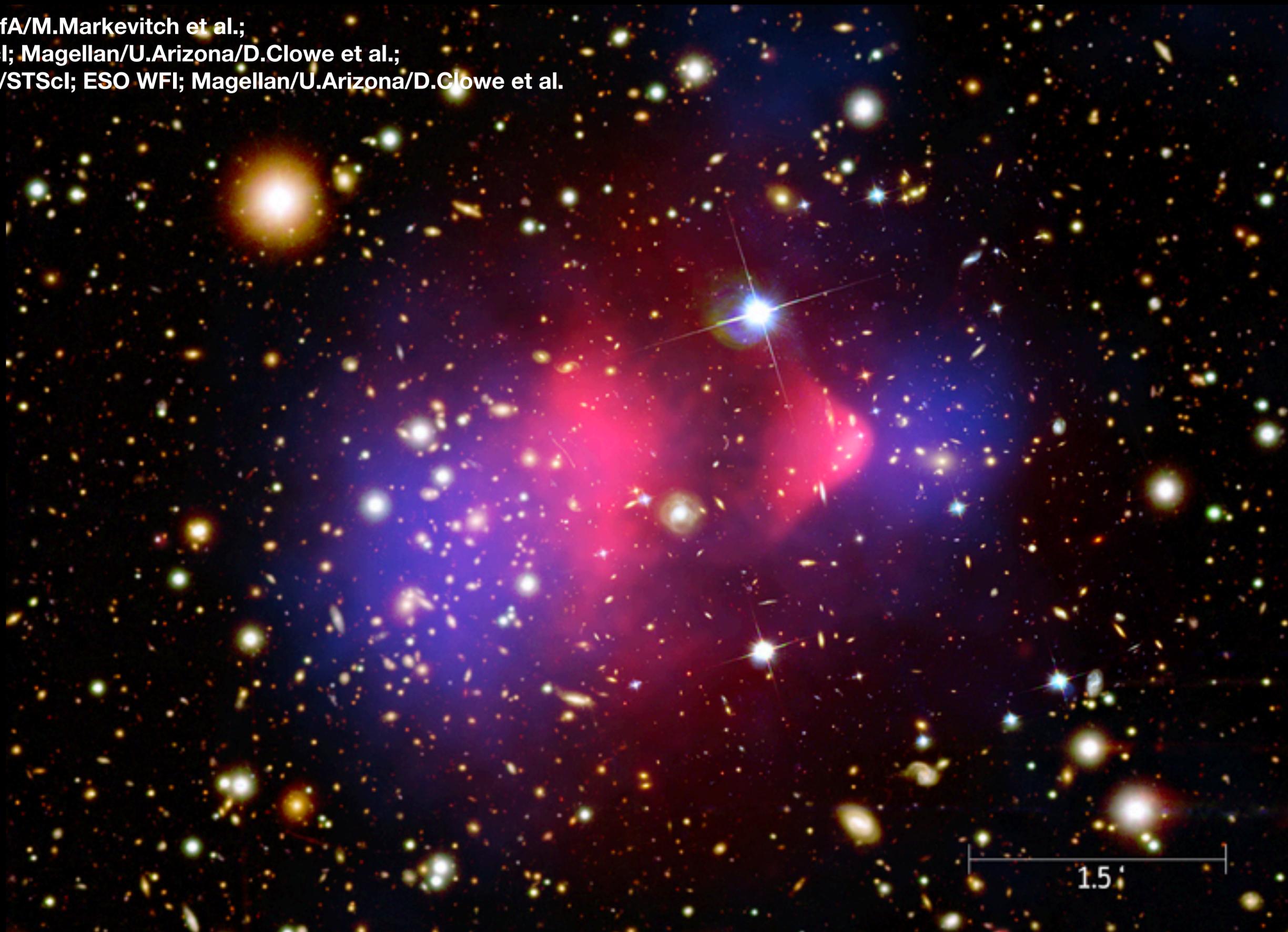
Begeman et al 1991

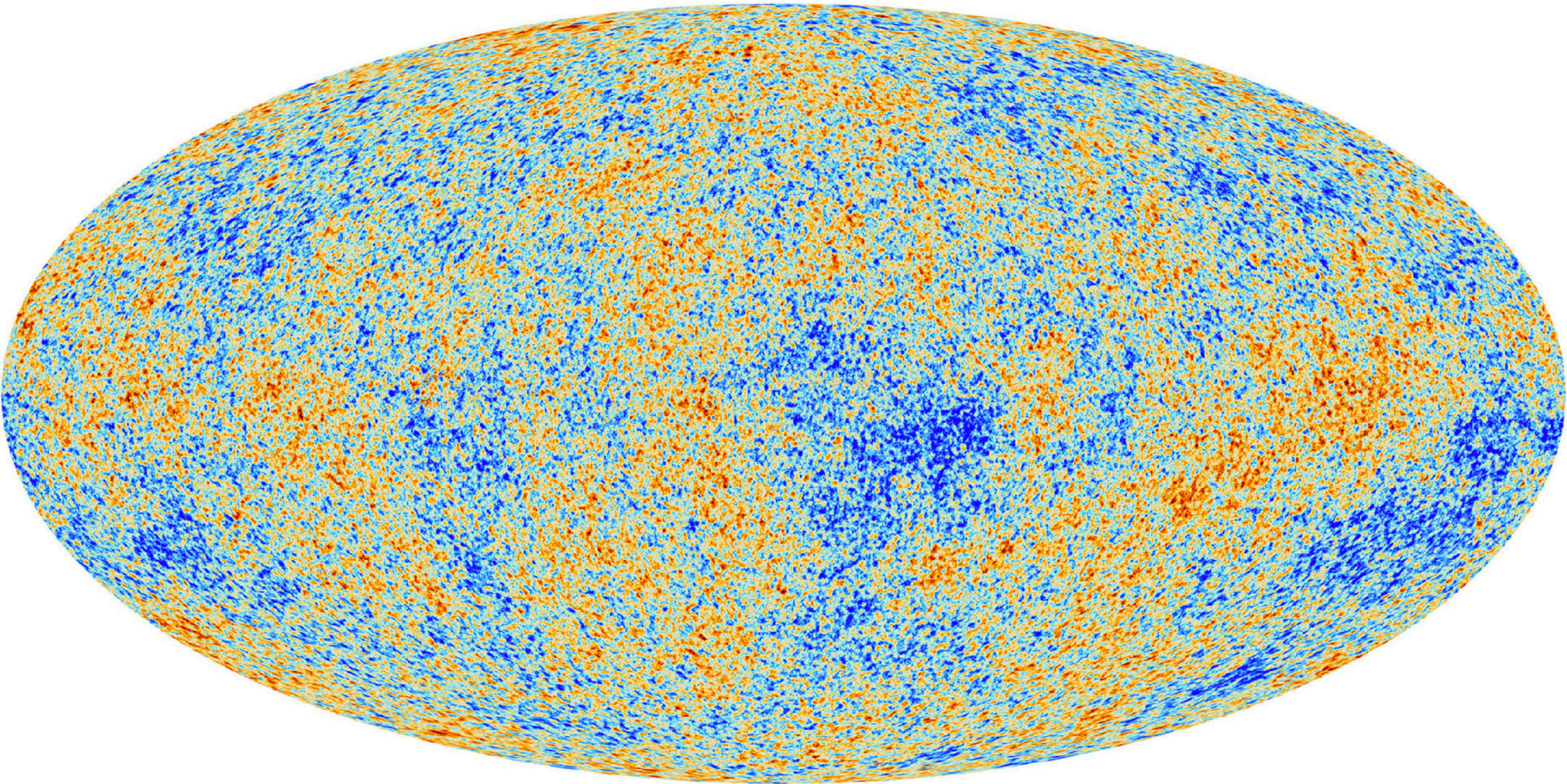
CL0024+1654



Credit: NASA, ESA, M.J. Jee and H. Ford (Johns Hopkins University)

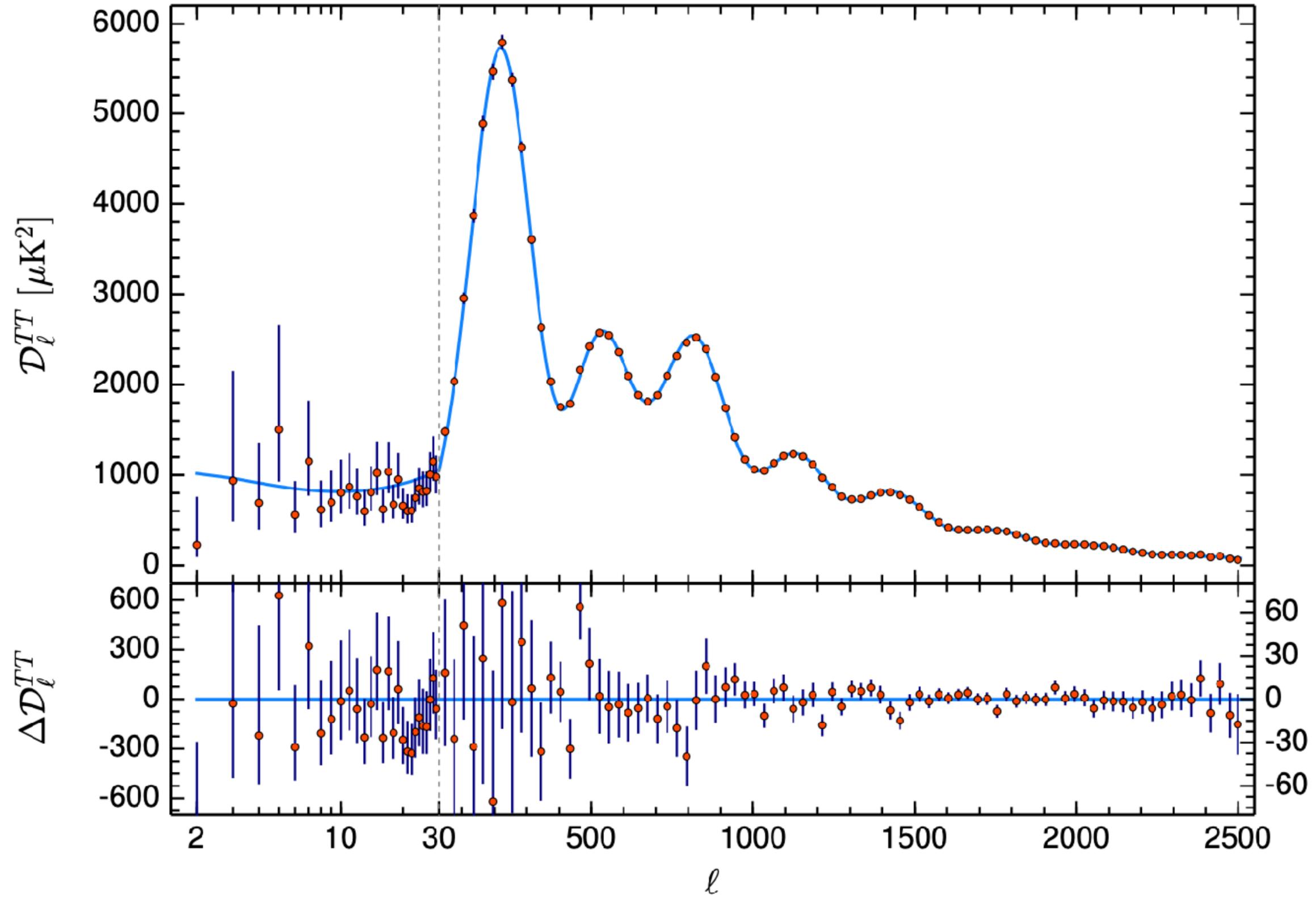
Credit:
X-ray: NASA/CXC/CfA/M.Markevitch et al.;
Optical: NASA/STScI; Magellan/U.Arizona/D.Clowe et al.;
Lensing Map: NASA/STScI; ESO WFI; Magellan/U.Arizona/D.Clowe et al.

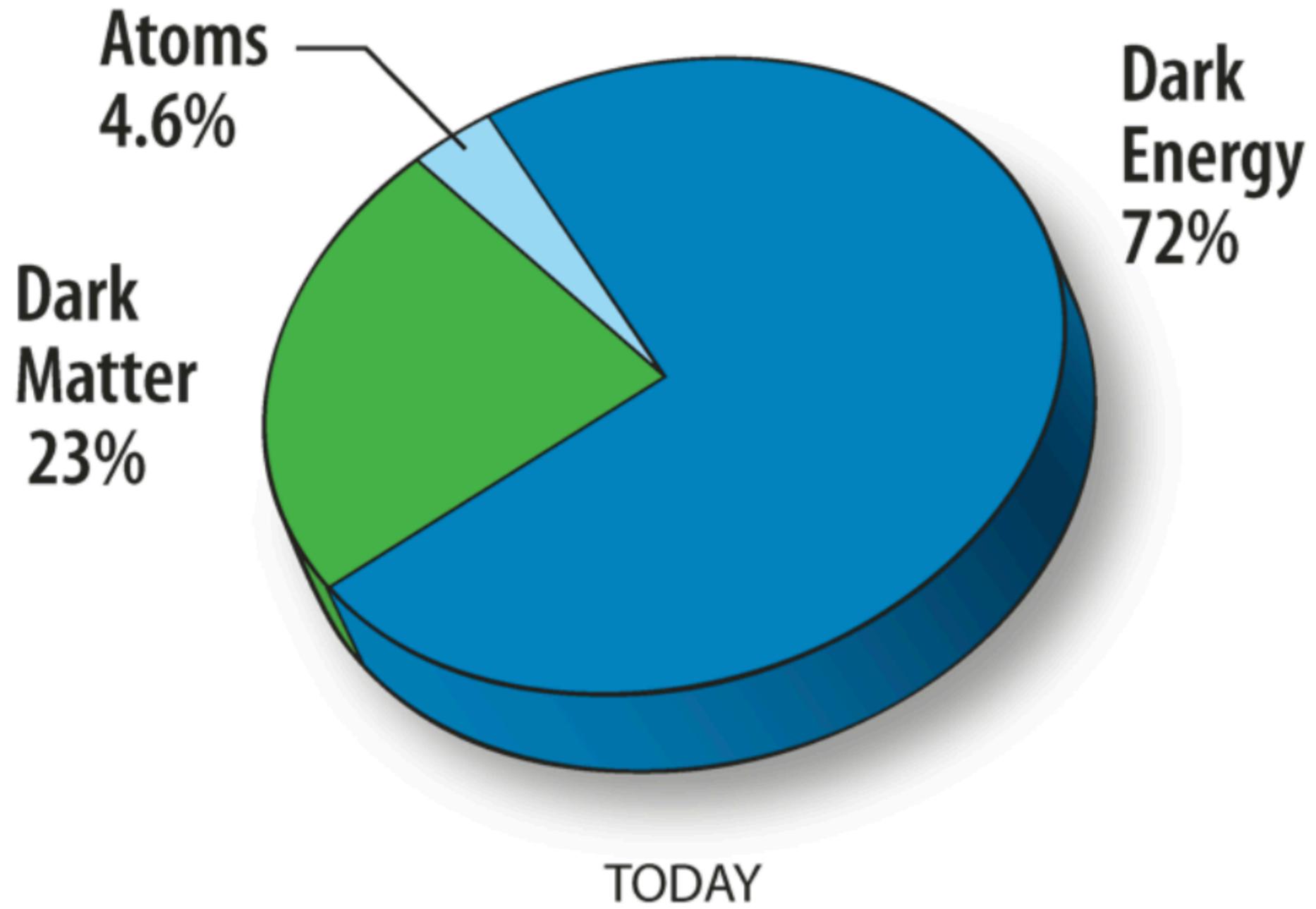


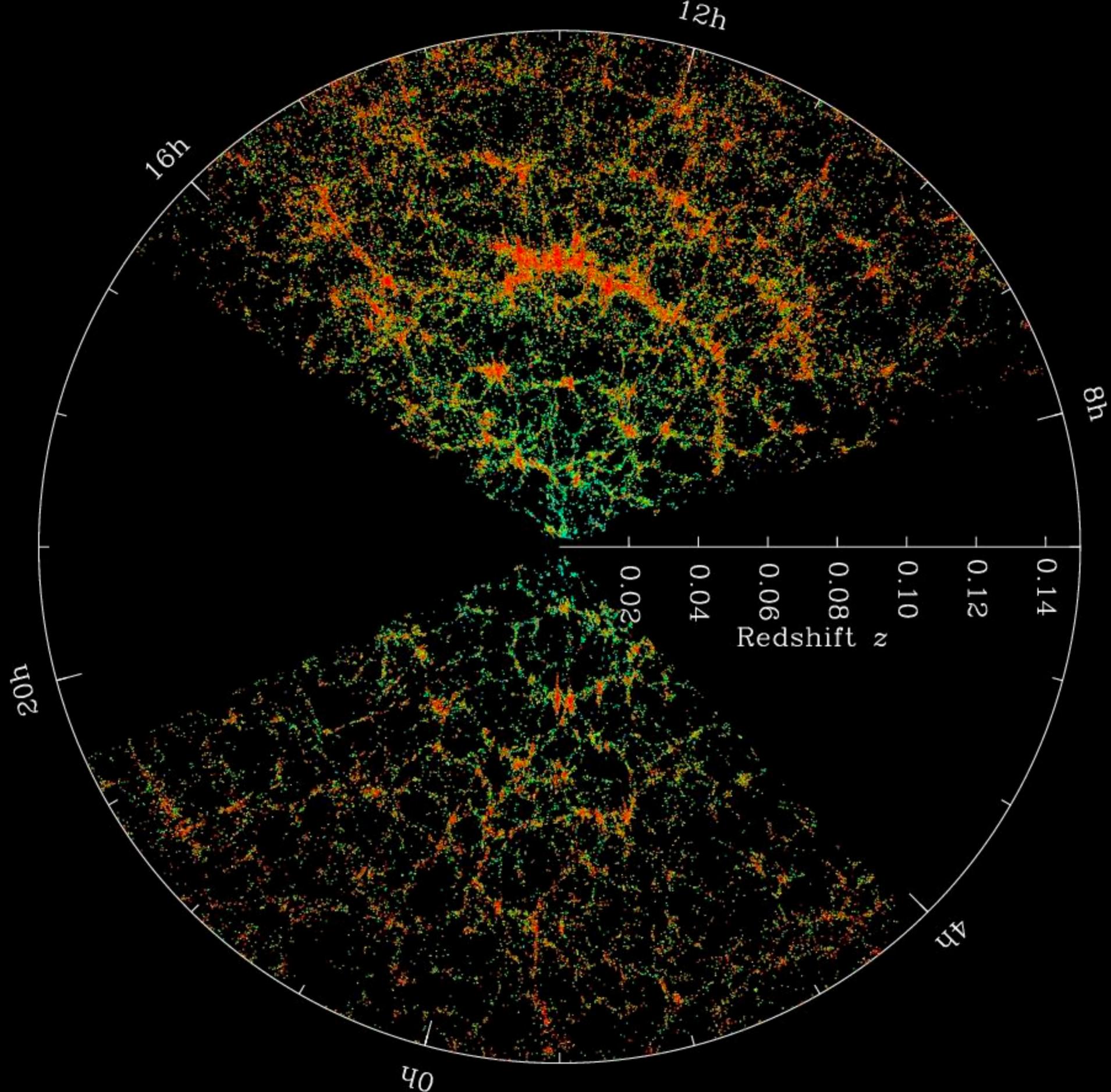


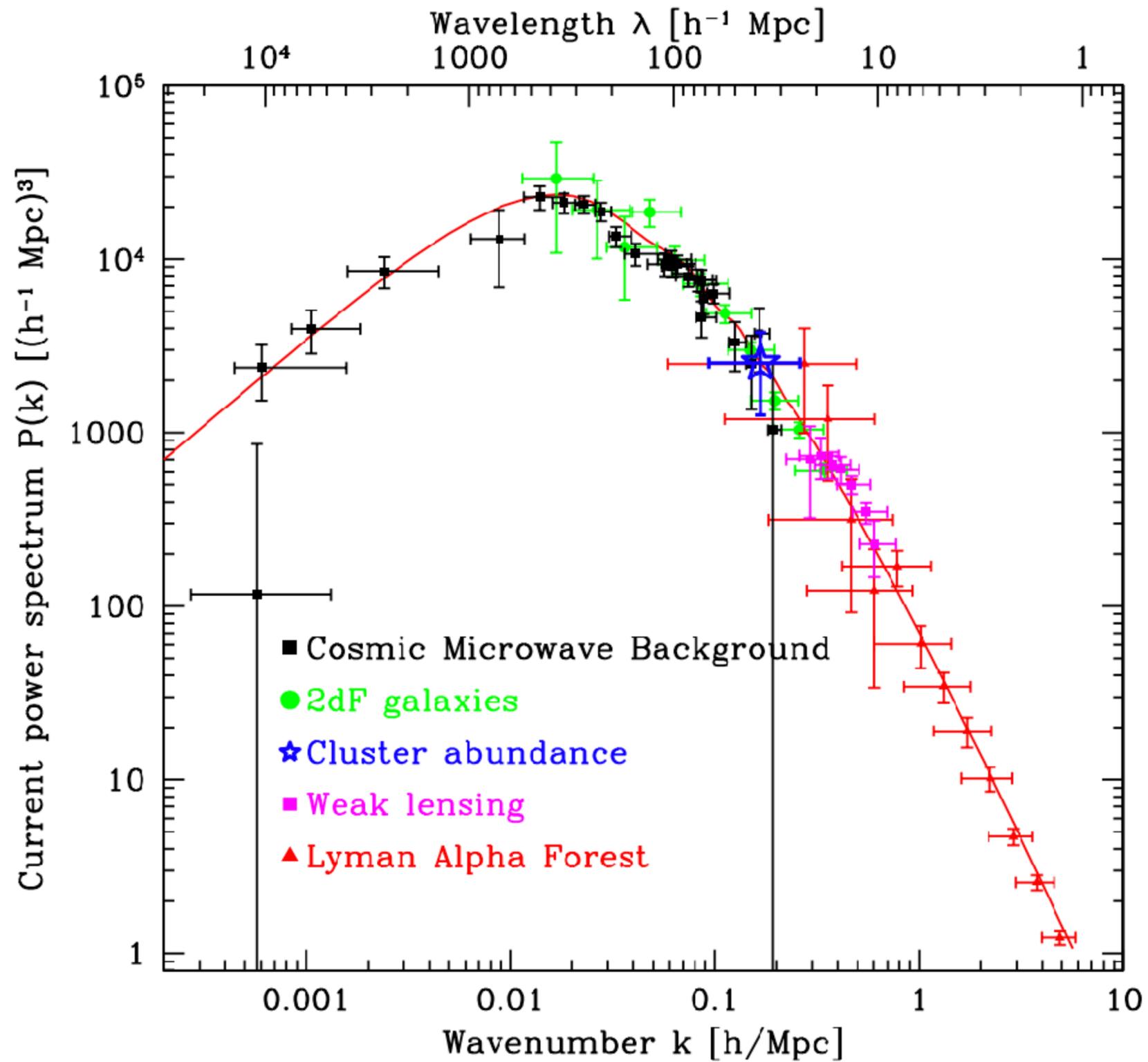
Credit: ESA and the Planck Collaboration

$\Omega_c h^2 \dots \dots \dots 0.1206 \pm 0.0021$









where are they?

ULDM

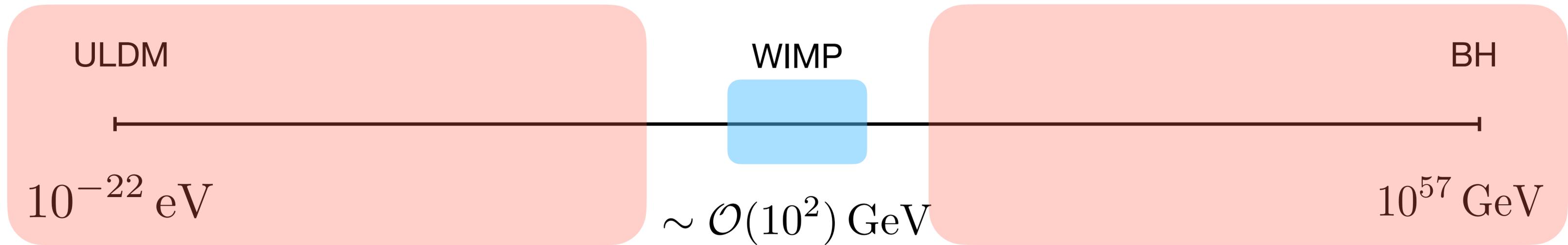
BH

10^{-22} eV

10^{57} GeV

the possible mass range of DM $\sim \mathcal{O}(10^{80})$

where are they?



the possible mass range of DM $\sim \mathcal{O}(10^{80})$

$$\mathcal{L} \supset \Lambda_{\text{cc}} + m_H^2 |H|^2$$

these parameters are radiatively unstable

solutions proposed to explain them may be categorized

- symmetry
- anthropic
- dynamics

solutions proposed to explain them may be categorized

- symmetry
- anthropic
- dynamics

fundamental constants may not be constants
but may be dynamical variables

$$\begin{aligned}\mathcal{L} &\supset \Lambda_{\text{cc}} + m_H^2 |H|^2 \\ &= \Lambda_{\text{cc}}(\langle \phi_i \rangle) + m_H^2(\langle \phi_i \rangle) |H|^2\end{aligned}$$

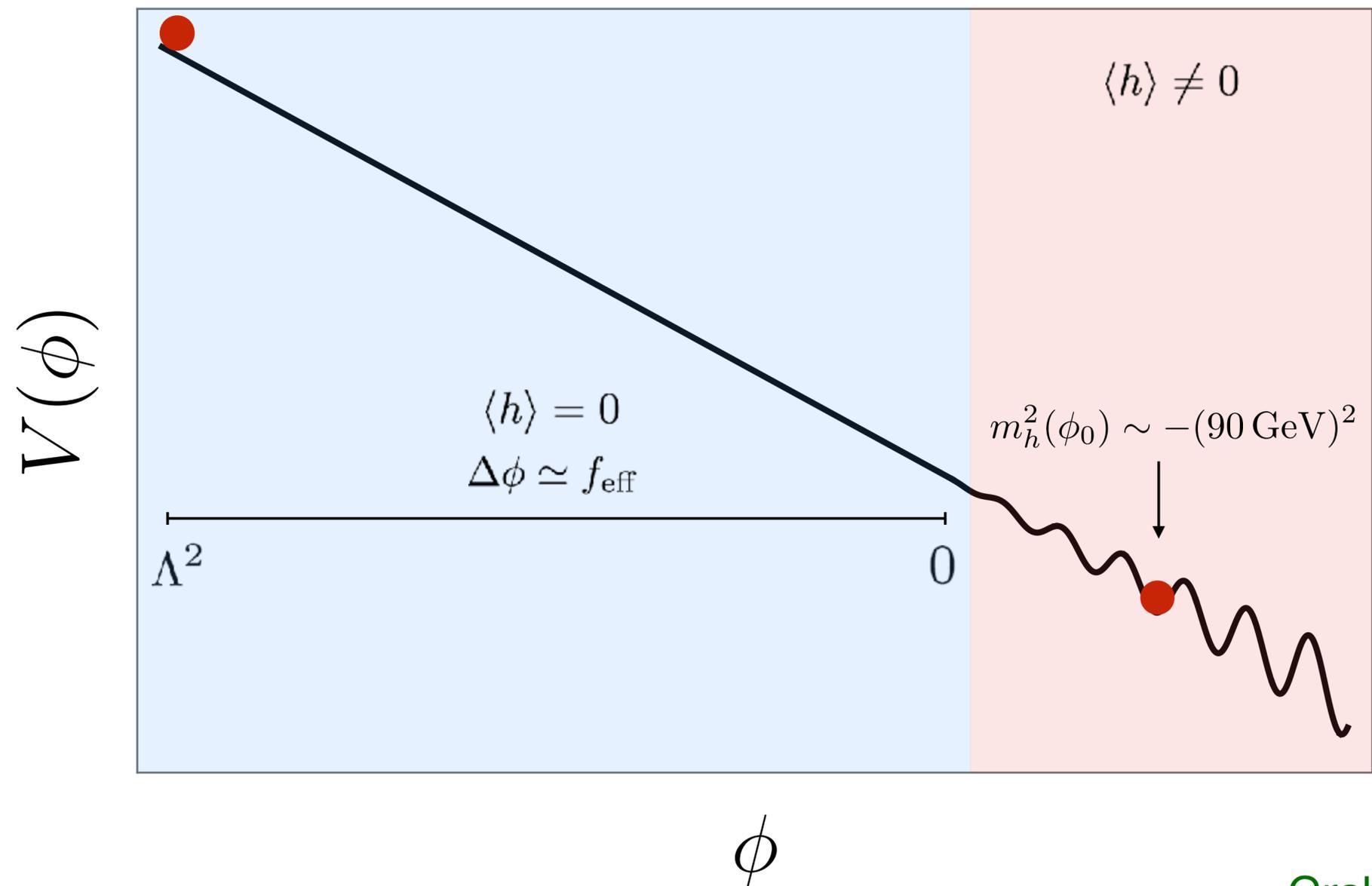
dynamical selection of EW scale

$$V(H, \phi) = m_H^2(\phi) |H|^2 + V(\phi) + V_{\text{br}}(H, \phi)$$

$$= \left(\Lambda^2 - \Lambda^2 \frac{\phi}{f_{\text{eff}}} \right) |H|^2 - \Lambda^4 \frac{\phi}{f_{\text{eff}}} + \mu^2 |H|^2 \cos(\phi/f)$$

Dynamical selection of EW scale

$$V(\phi) = \left(\Lambda^2 - \frac{\Lambda^2}{f_{\text{eff}}} \phi \right) |h|^2 - c \frac{\Lambda^4}{f_{\text{eff}}} \phi + \mu_b^2 |h|^2 \cos(\phi/f)$$



The smallness of the Higgs mass

$$v_{\text{ew}}^2 \ll \Lambda^2$$

is due to **dynamical relaxation** in the early universe

unlike models based on symmetry principle

the relaxation mechanism includes

one IR degree of freedom: *relaxion*

$$m_{\text{IR}} < v_{\text{ew}} \left(\frac{v_{\text{ew}}}{\Lambda} \right)^{3/2}$$

for low-phenomenology we need to know

(i) the mass

(ii) the couplings to SM particles

most of information can be extracted from *wiggles*

$$V_{\text{br}} = -\mu_b^2 |H|^2 \cos(\phi/f)$$

some (*rough*) dimensional analysis

$$V_{\text{br}} = -\mu_b^2 |H|^2 \cos(\phi/f)$$

its mass might be estimate

$$m_\phi^2 \sim \partial_\phi^2 V_{\text{br}} \sim \mu_b^2 v^2 / f^2 \cos(\phi_0/f) \sim \mu_b^2 v^2 / f^2$$

it does also have a mass mixing

$$m_{h\phi}^2 \sim \partial_\phi \partial_h V_{\text{br}} \sim \mu_b^2 v / f \sin(\phi_0/f) \sim \mu_b m_\phi$$

the mass matrix

$$M^2 = \begin{pmatrix} m_h^2 & m_{h\phi} \\ m_{h\phi} & m_\phi^2 \end{pmatrix}$$

$$m_{h\phi}^2 \sim \mu_b m_\phi$$

$$m_\phi^2 \sim \mu_b^2 v^2 / f^2$$

diagonalize the mass matrix

$$h \rightarrow h \cos \theta_{h\phi} + \phi \sin \theta_{h\phi}$$

$$\phi \rightarrow \phi \cos \theta_{h\phi} - h \sin \theta_{h\phi}$$

mixing angle

$$\sin \theta_{h\phi} \sim \frac{m_{h\phi}^2}{m_h^2} \sim \frac{\mu_b}{v} \frac{m_\phi}{v}$$

based on this *rough* estimation ...

the mass is given by

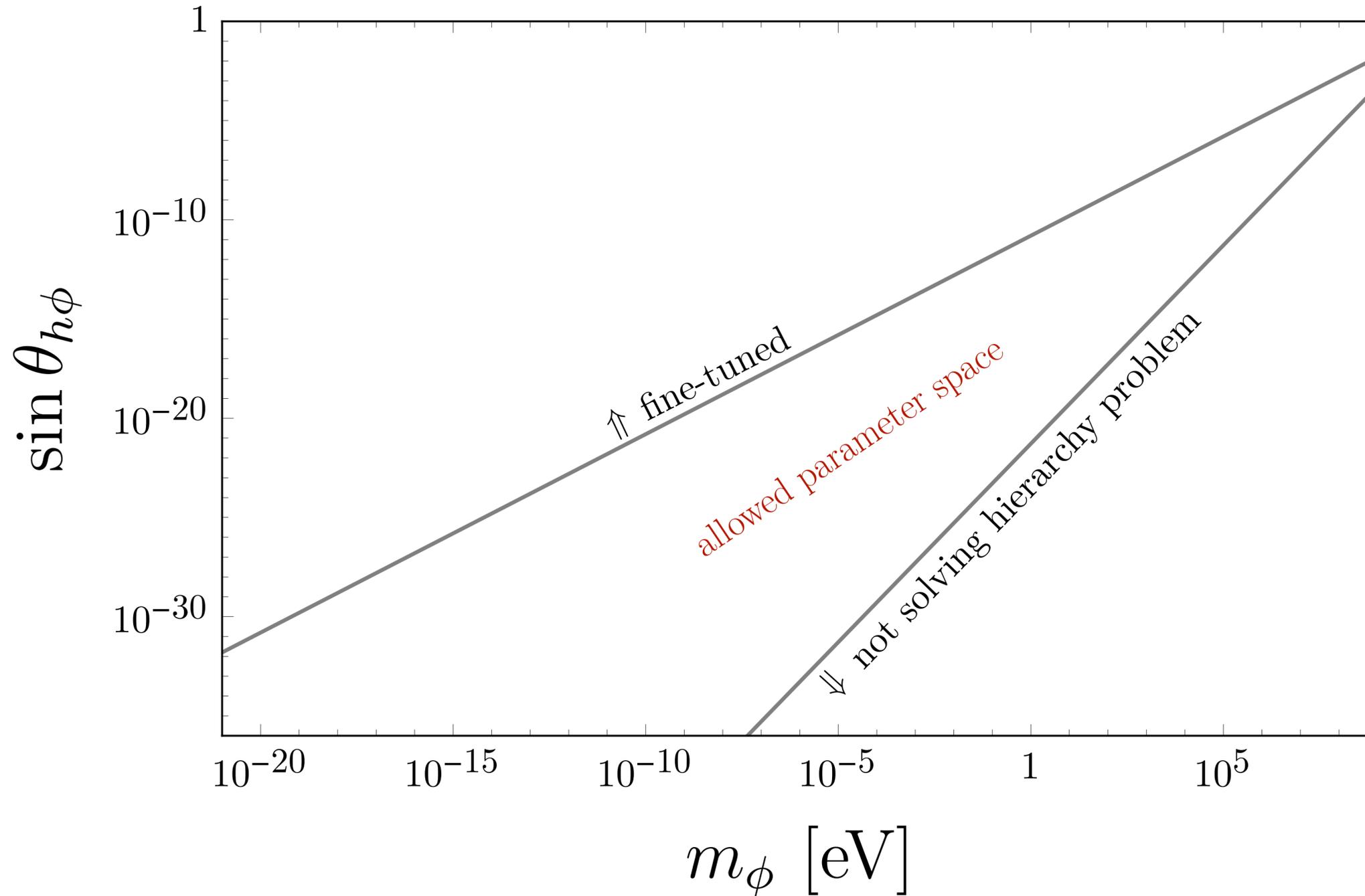
$$m_\phi^2 \sim \mu_b^2 v^2 / f^2$$

the couplings are given by

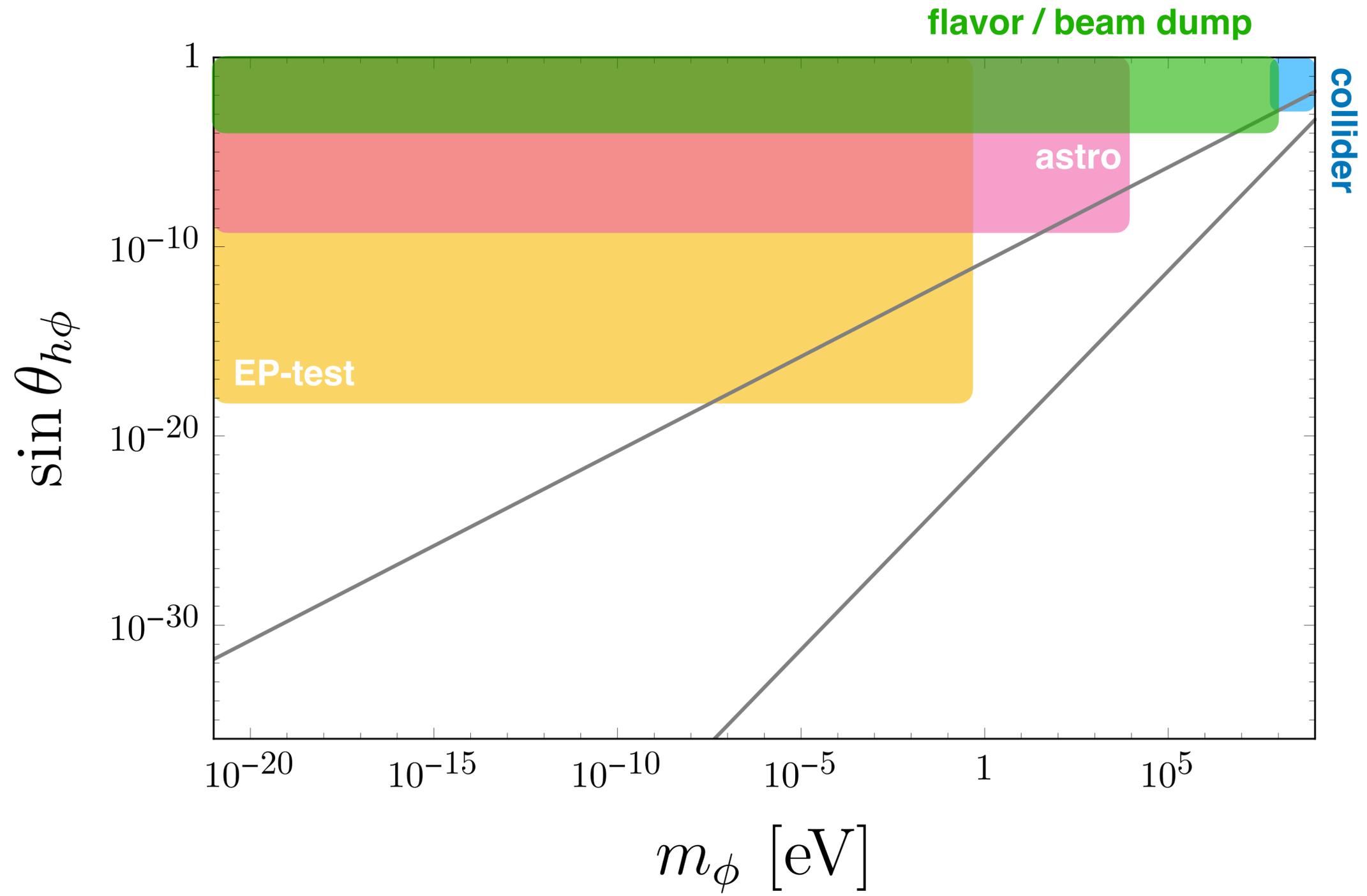
$$\mathcal{L} \supset h\mathcal{O}_{\text{SM}} \rightarrow \sin\theta_{h\phi}\phi\mathcal{O}_{\text{SM}}$$

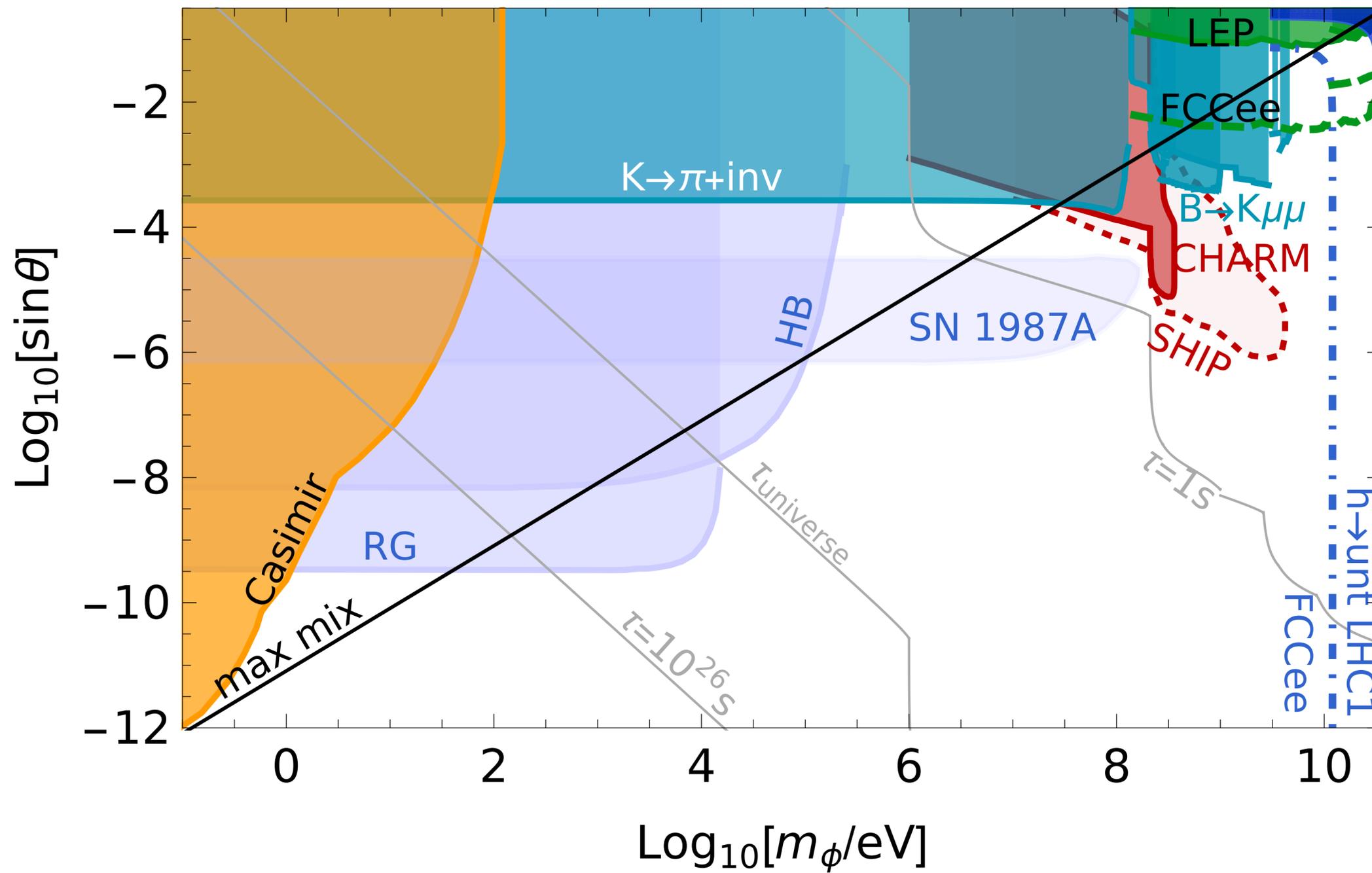
$$\mathcal{O}_{\text{SM}} = \frac{1}{v} \left(- \sum_f m_f \bar{f} f + c_\gamma \frac{\alpha}{4\pi} FF + c_g \frac{\alpha_s}{4\pi} GG \right)$$

$$\sin \theta_{h\phi} \sim \frac{m_{h\phi}^2}{m_h^2} \sim \frac{\mu_b}{v} \frac{m_\phi}{v}$$



Schematically





Frugiuele, Fuchs, Perez, Schlaffer 2018

identification of available parameter space is based on

the relation mass is naively

$$m_\phi^2 \sim \mu_b^2 v^2 / f^2$$

the mixing angle is

$$\sin \theta_{h\phi} \sim \mu_b^2 / v f$$

identification of available parameter space is based on

the relaxion mass is naively

$$m_\phi^2 \sim \mu_b^2 v^2 / f^2 \times (\mu_b / \Lambda)$$

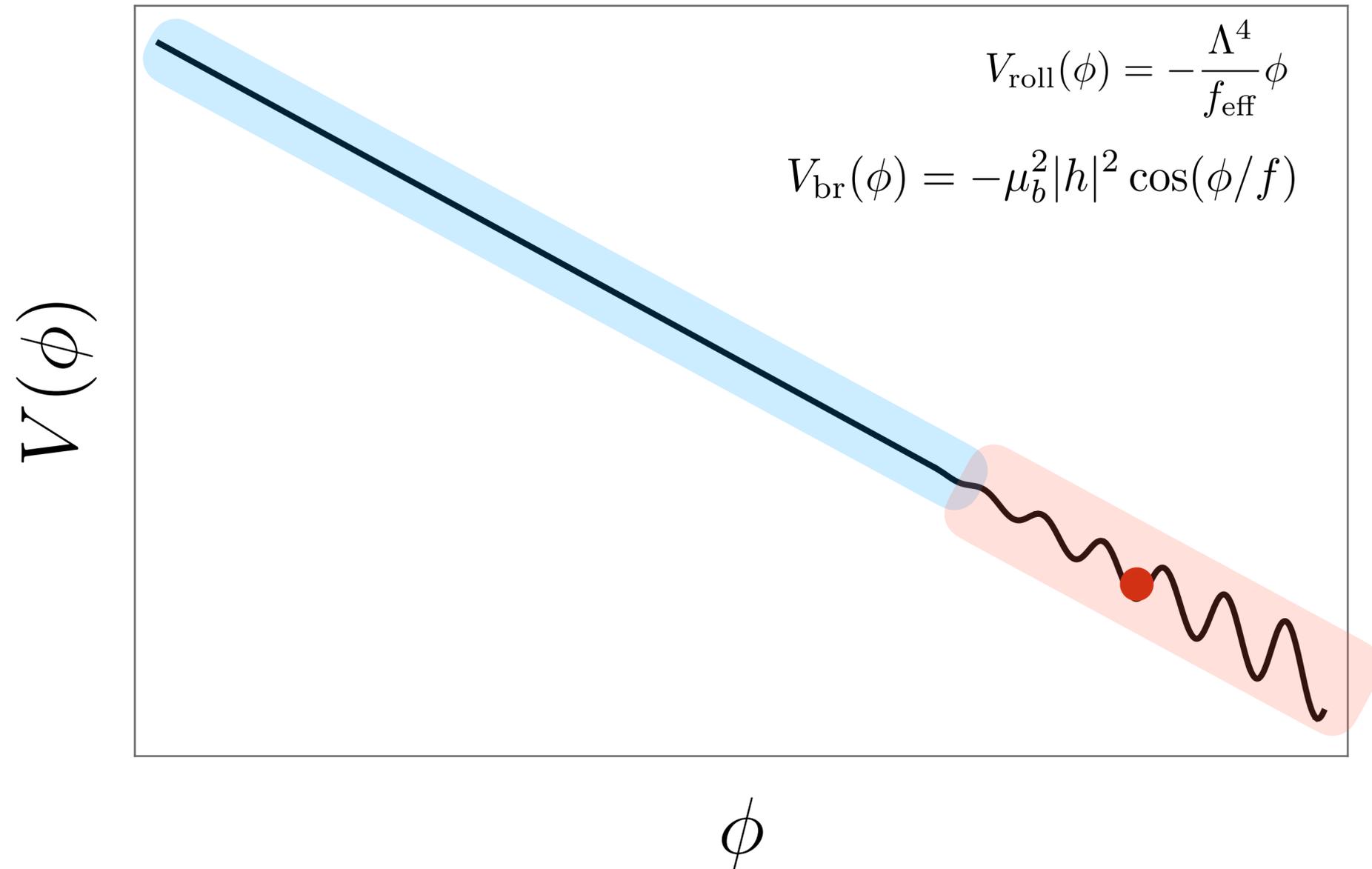
the mixing angle is

$$\sin \theta_{h\phi} \sim \mu_b^2 / v f$$

the relaxion is also **relaxed**

How is relaxion relaxed ?

$$V(\phi) = \left(\Lambda^2 - \Lambda^2 \frac{\phi}{f_{\text{eff}}} \right) |h|^2 - \frac{\Lambda^4}{f_{\text{eff}}} \phi - \mu_b^2 |h|^2 \cos(\phi/f)$$



How is relaxion relaxed ?

$$V(\phi) = \left(\Lambda^2 - \Lambda^2 \frac{\phi}{f_{\text{eff}}} \right) |h|^2 - \frac{\Lambda^4}{f_{\text{eff}}} \phi - \mu_b^2 |h|^2 \cos(\phi/f)$$

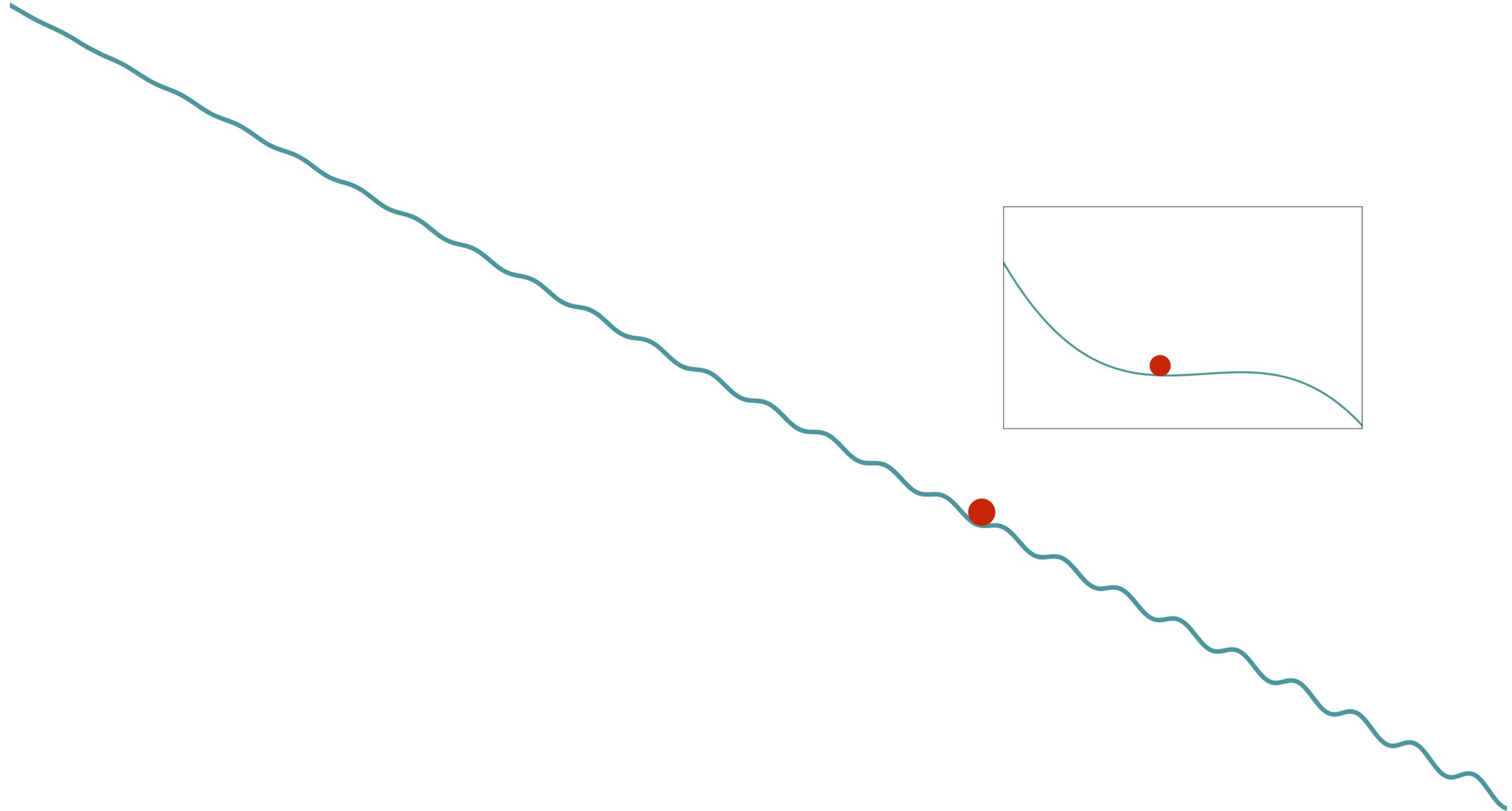
Relaxion stops when

$$\begin{aligned} 0 &= V'_{\text{roll}} + V'_{\text{br}} \\ &= -\frac{\Lambda^4}{f_{\text{eff}}} + \frac{\mu_b^2 |h|^2}{f} \sin(\phi/f) \end{aligned}$$

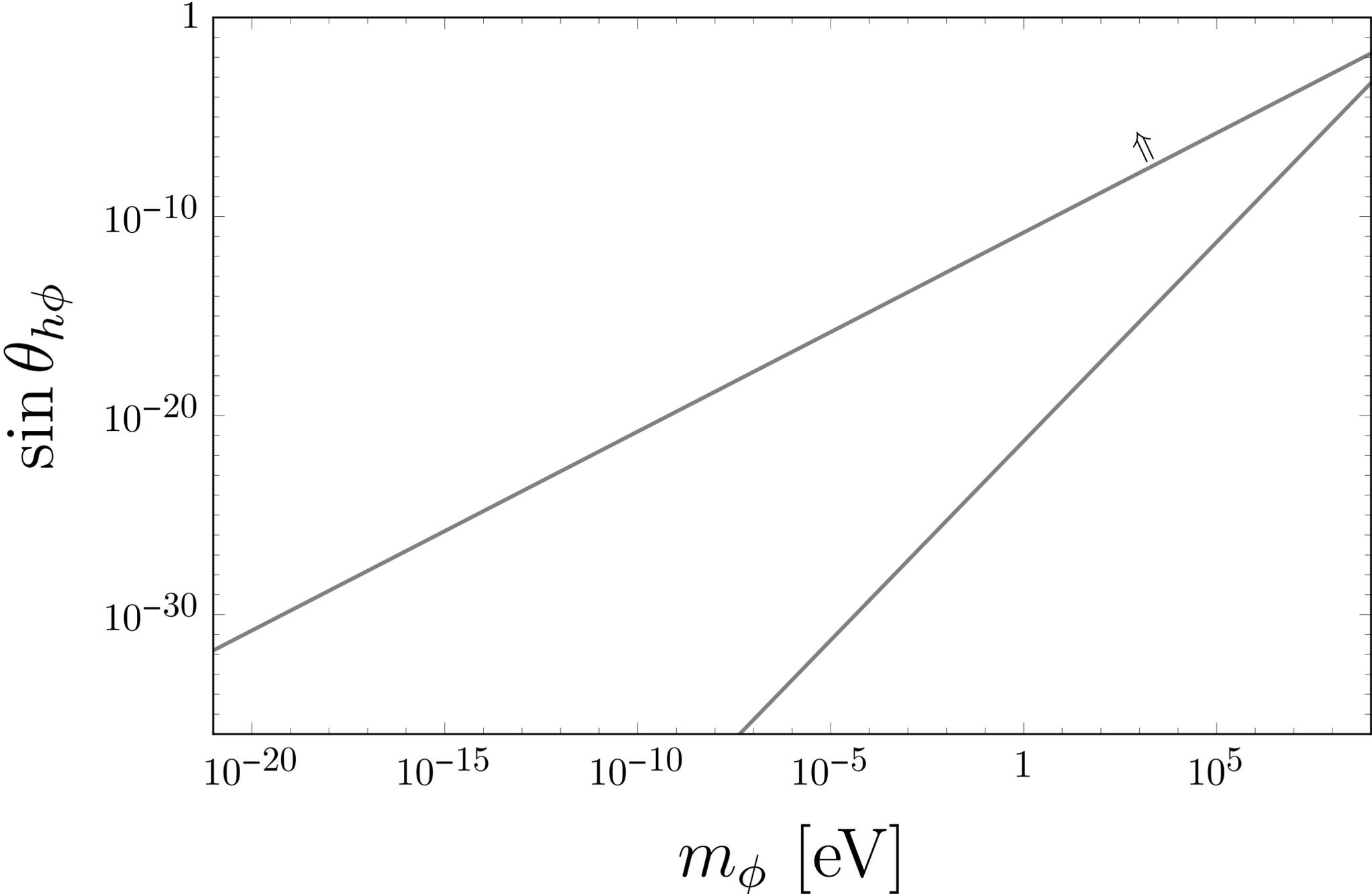
Relaxion should stop at the electroweak Higgs mass

$$\frac{\Lambda^4}{f_{\text{eff}}} \simeq \frac{\mu_b^2 v^2}{f}$$

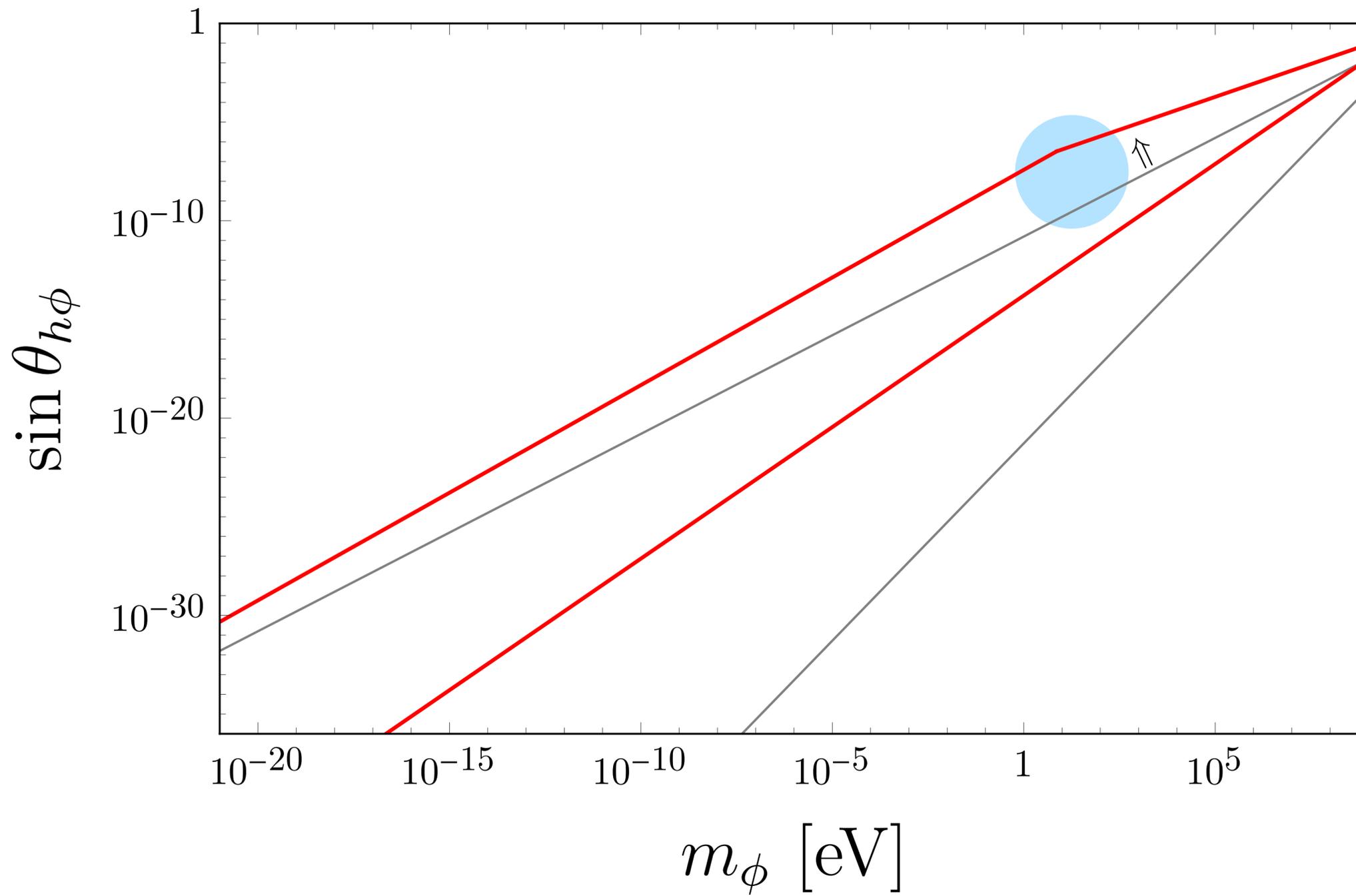
The potential height increases *incrementally*
and the relaxation stops at the shallow part of the potential



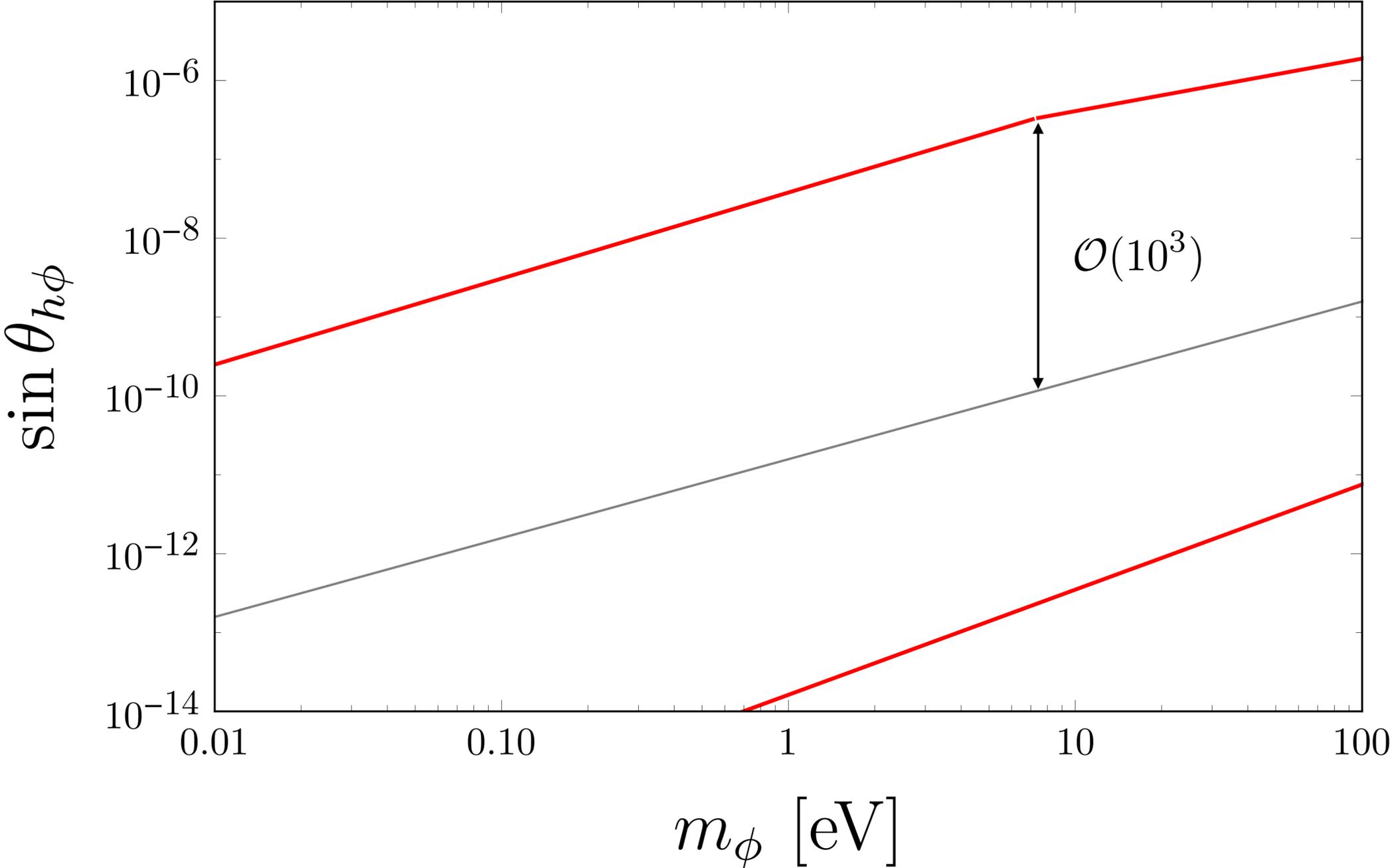
available parameter space shifts accordingly

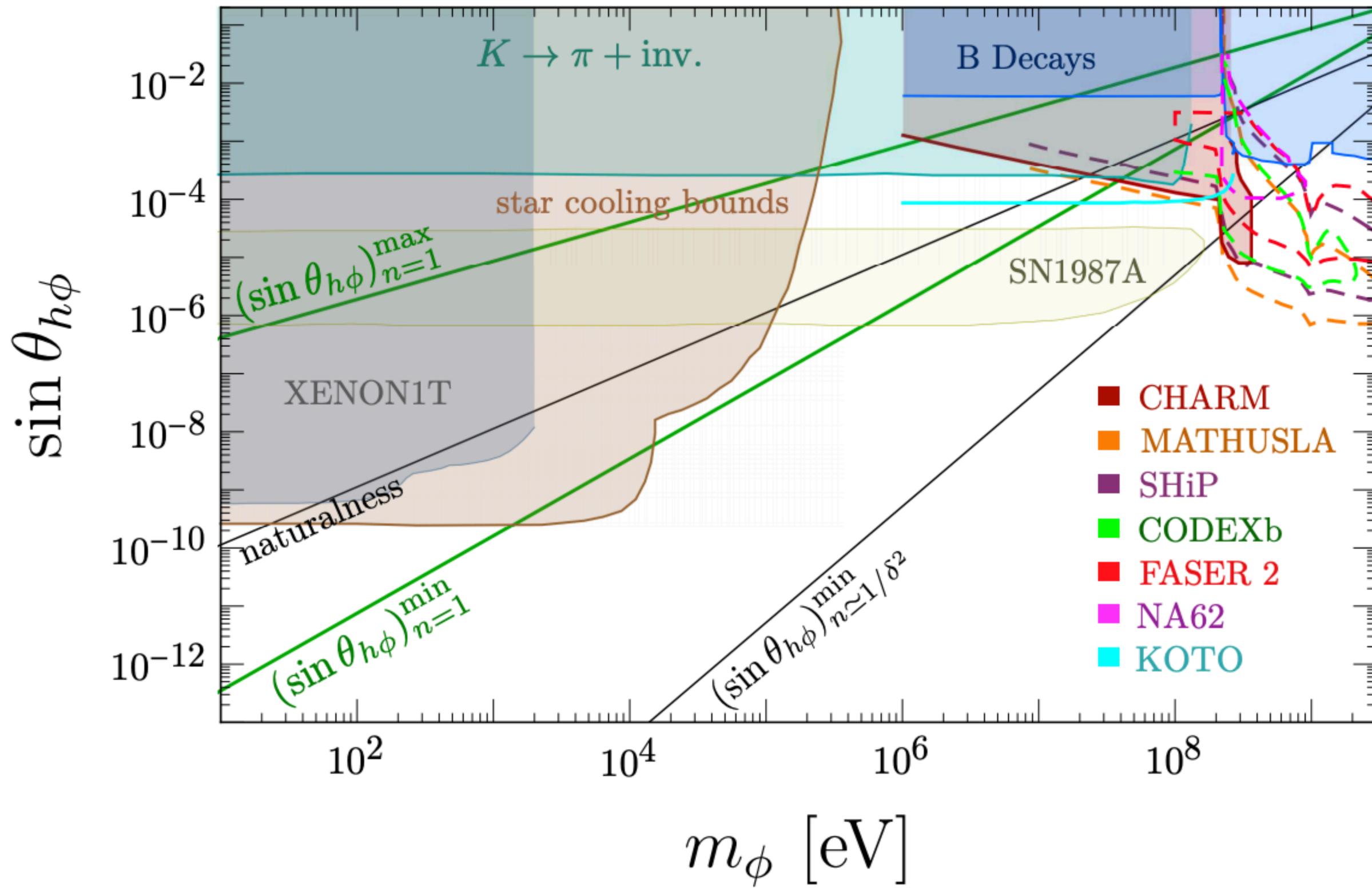


available parameter space shifts accordingly

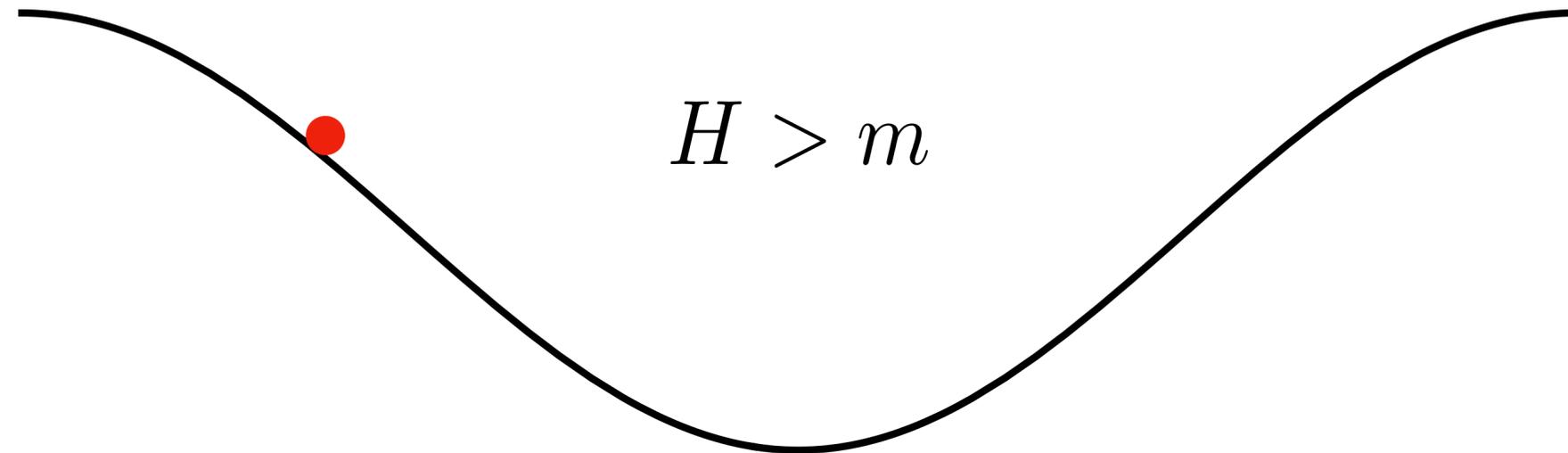


available parameter space shifts accordingly





misaligned axion dark matter



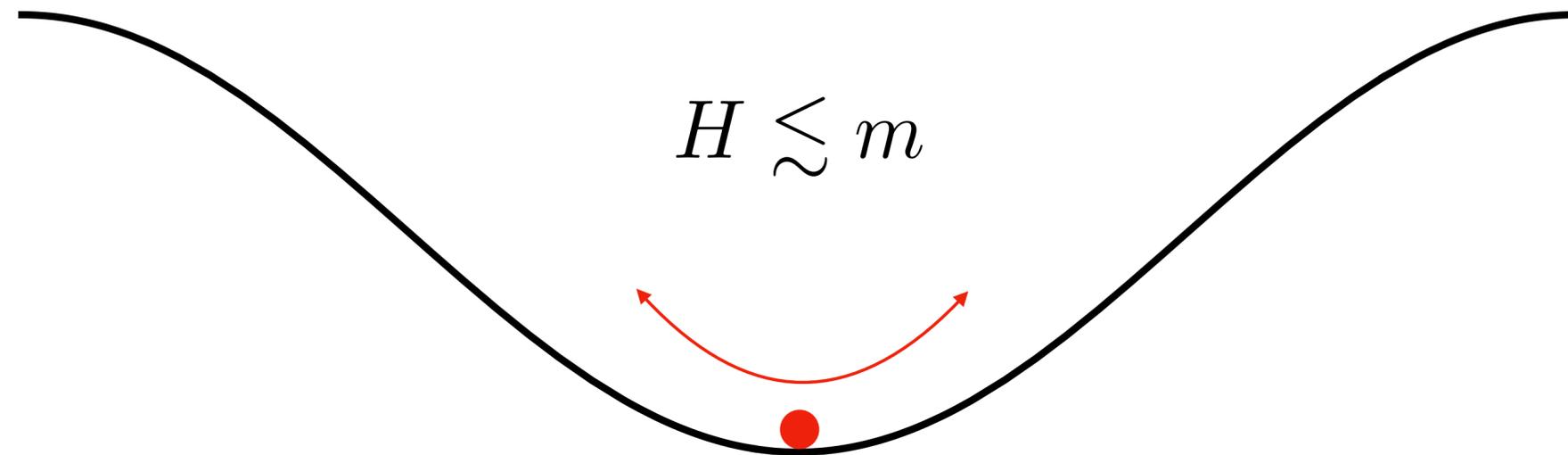
$$\ddot{\phi} + 3H\dot{\phi} + m^2\phi = 0$$

[Abbott & Sikivie 83]

[Dine & Fischler 83]

[Preskill, Wise and Wilczek 83]

misaligned axion dark matter

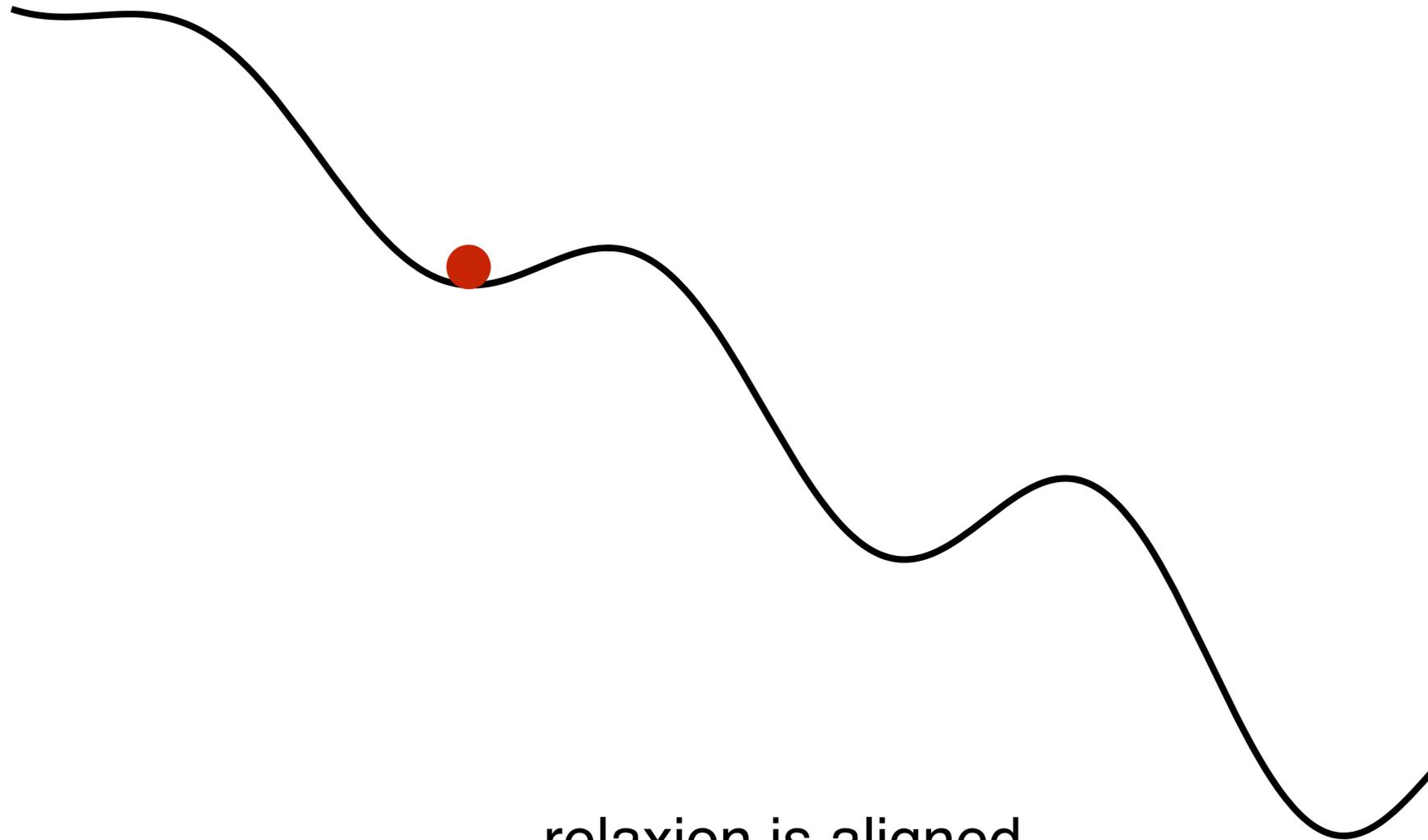


$$\ddot{\phi} + 3H\dot{\phi} + m^2\phi = 0$$

coherent scalar oscillation constitutes dark matter in the universe

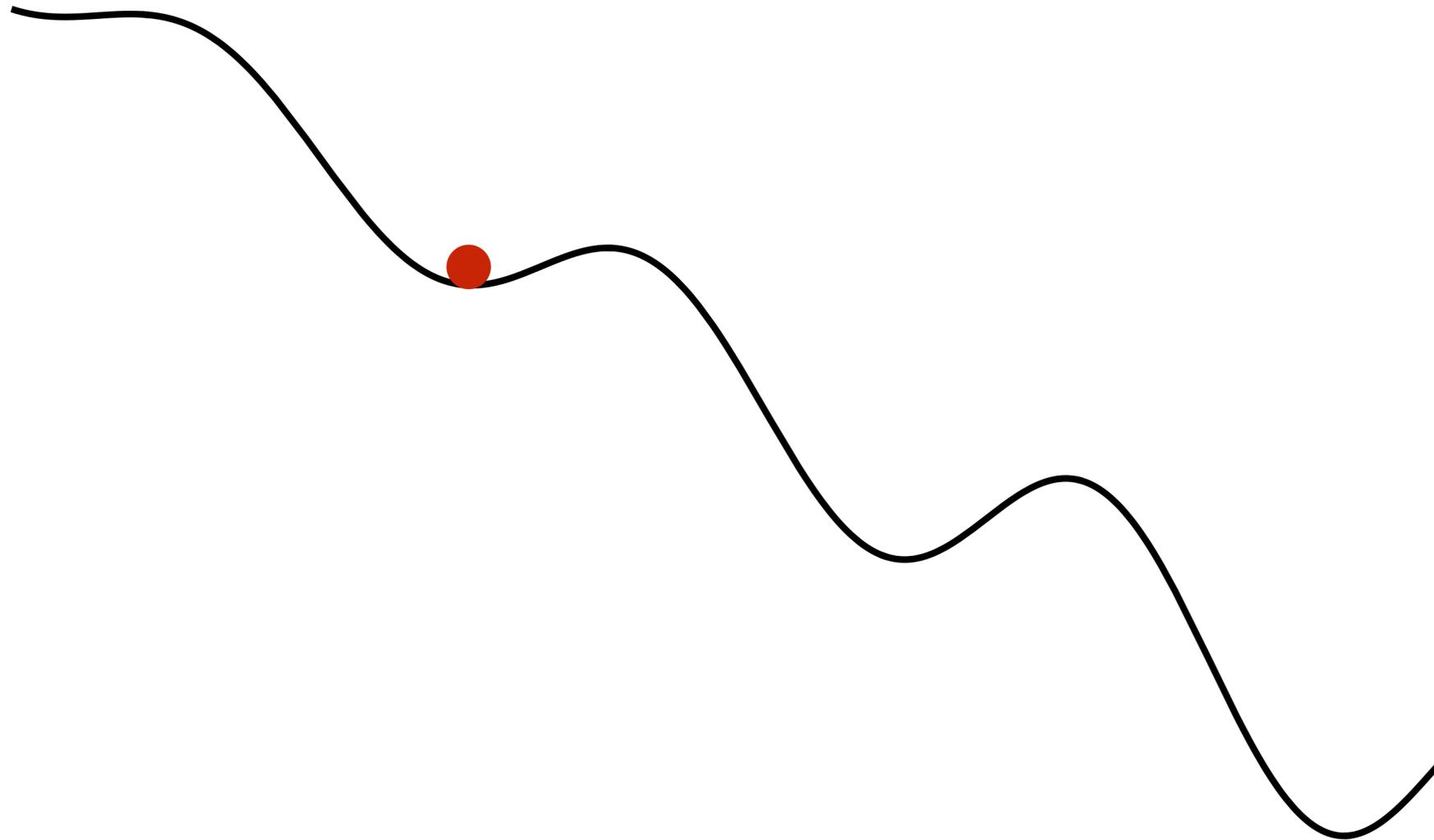
after a long period of inflation

the relaxion is settled down to one of local minima



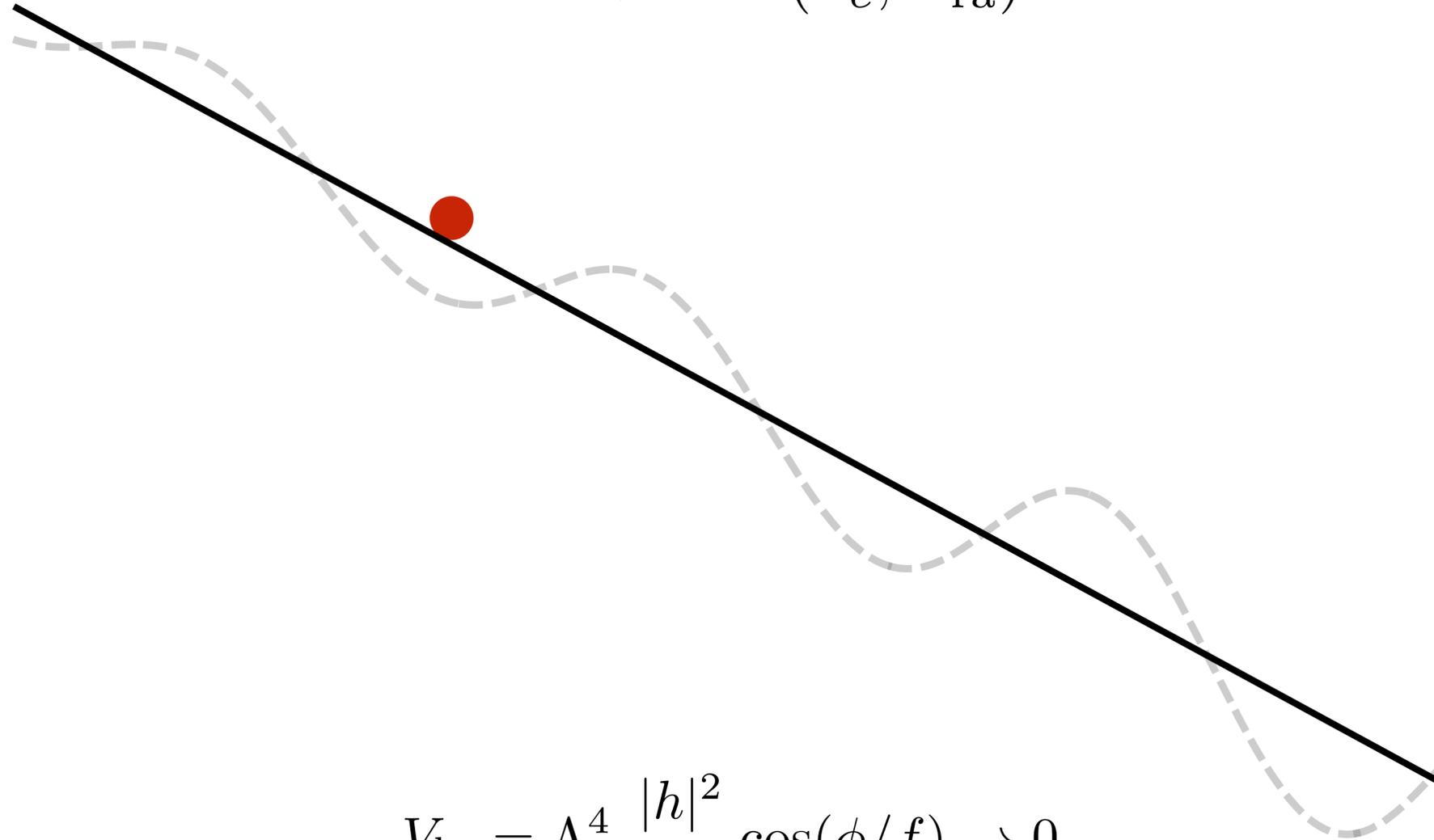
relaxion is aligned
no misalignment at all

A challenge is to generate non-zero misalignment angle



misalignment angle can be generated
if the reheating temperature is high

$$T > \min(T_c, T_{ra})$$

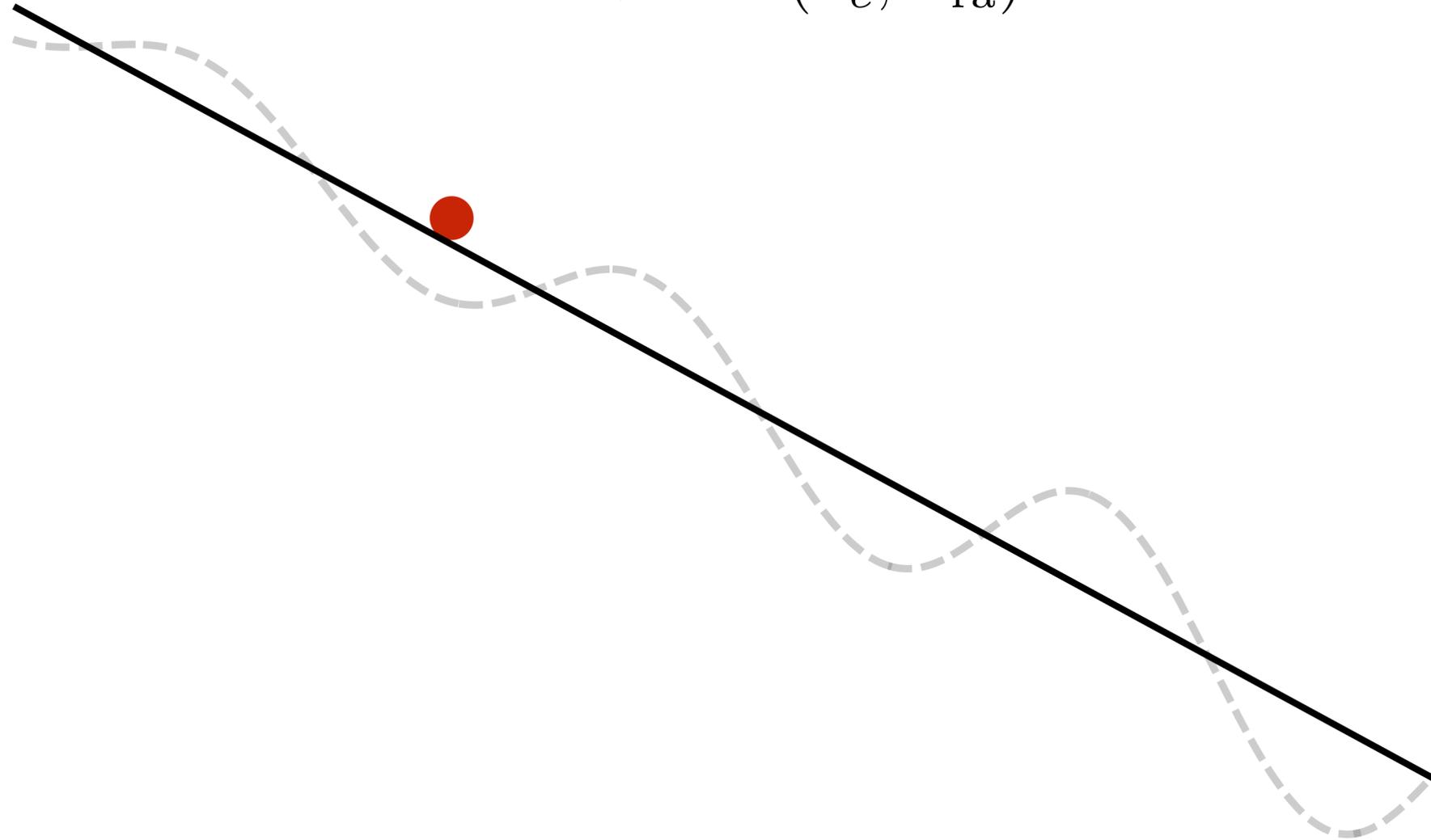


$$V_{br} = \Lambda_{br}^4 \frac{|h|^2}{v^2} \cos(\phi/f) \rightarrow 0$$

backreaction potential vanishes

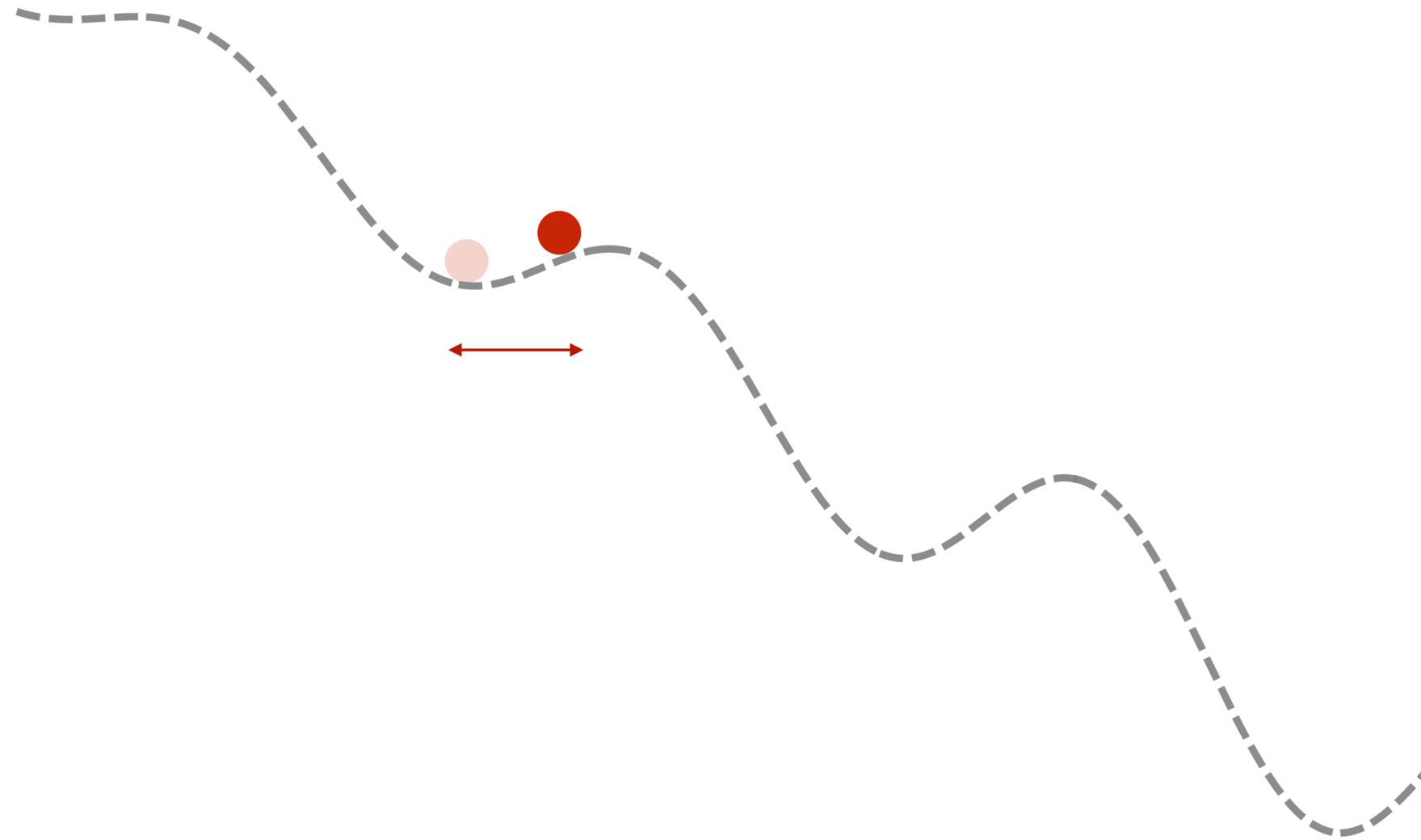
misalignment angle can be generated
if the reheating temperature is high

$$T > \min(T_c, T_{ra})$$



relaxion begins to roll again

As temperature drops, the backreaction potential appears again
misalignment is dynamically generated



the relaxion DM induces
an oscillation of fundamental constants

$$\mathcal{L} \supset \sin \theta_{h\phi} \frac{\phi}{v} \left[-m_f \bar{f} f + \frac{c_\gamma}{4\pi} F F + \frac{c_g}{4\pi} G G \right]$$

for instance

$$\frac{\Delta m_f}{m_f} \sim \sin \theta_{h\phi} \frac{\phi}{v} \simeq \sin \theta_{h\phi} \frac{\sqrt{\rho_{\text{dm}}}}{m_\phi v} \cos(m_\phi t)$$

one way to probe such oscillation is

to use atomic clocks

[Arvanitaki, Huang, Tilburg 14]

[Banerjee, HK, Perez 18]

[Banerjee, HK, Matsedonskyi, Perez and Safronova 20]

